

by LISA NIVEN

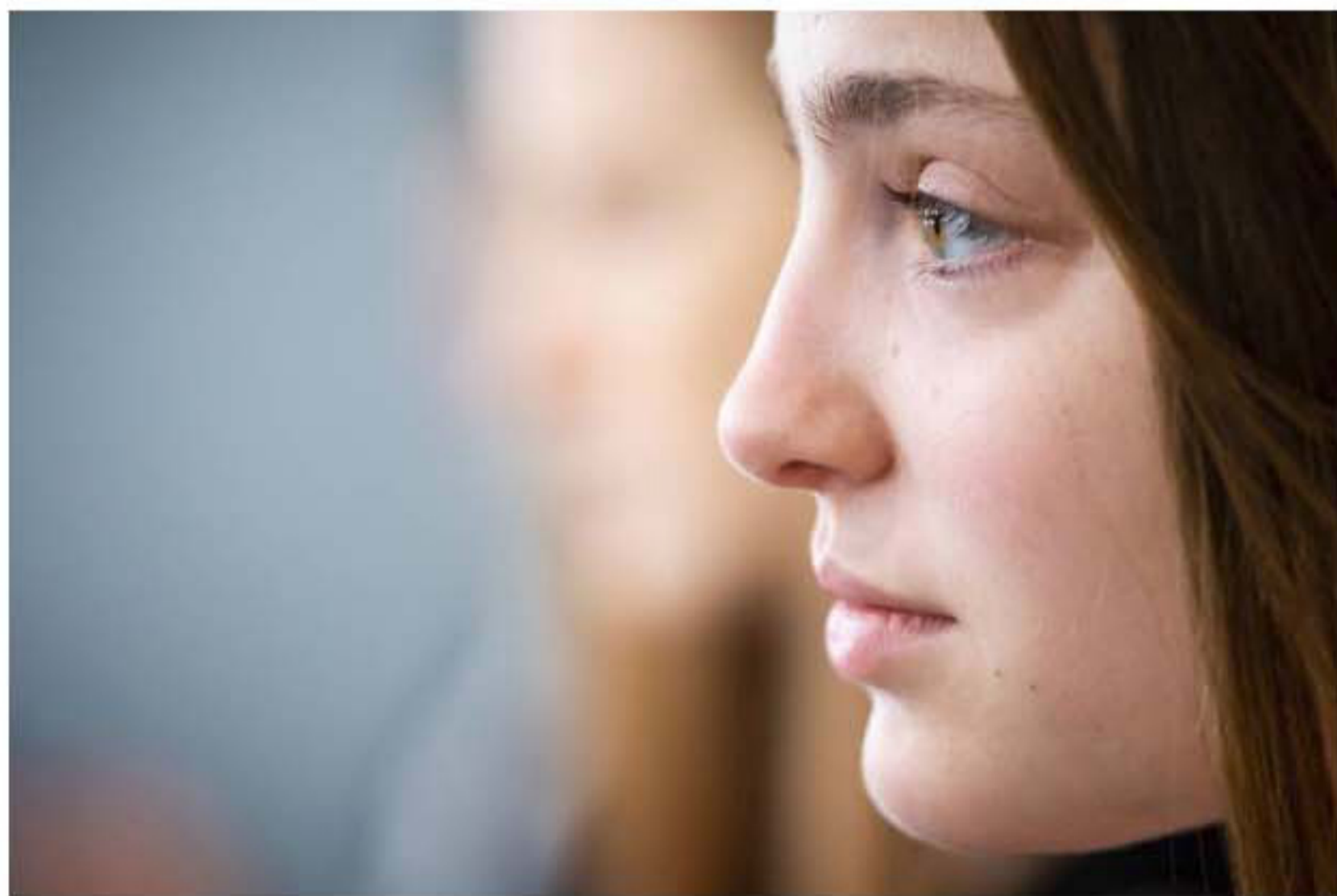
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SKIN

9 Skin Experts On How To Treat Acne Scars

Tackling acne and finding a treatment that works for you can be a rewarding experience, but often the scars left behind can be just as much a knock to the sufferer's confidence as the spots themselves. From boxcar scars to rolling scars, toothpick scars to keloids, the marks left by acne need careful treatment if you're looking to reduce their appearance over time. Here, nine skin experts share their advice on treating acne scars.



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Dr Costas Papageorgiou MD FACS

UK Medical Director for New York Dermatology Group

“For acne scarring, I recommend a multi-layered approach. First, starting with sessions of Lasergensis to activate the fibroblast metabolism. This remodels the collagen layout within the scarring itself. As a next step, I suggest Limelight IPL, a multi wavelength light energy that reduces redness and skin tone irregularities. Following this, I would suggest we proceed with Collagen Induction Therapy (Skinpen medical grade micro needling) to boost the skin's healing reaction and soften any indentations on the skin's surface. As a final step, hyaluronic acid gel filler can be used. It functions as a supportive and volumising matrix to smooth any contours.”