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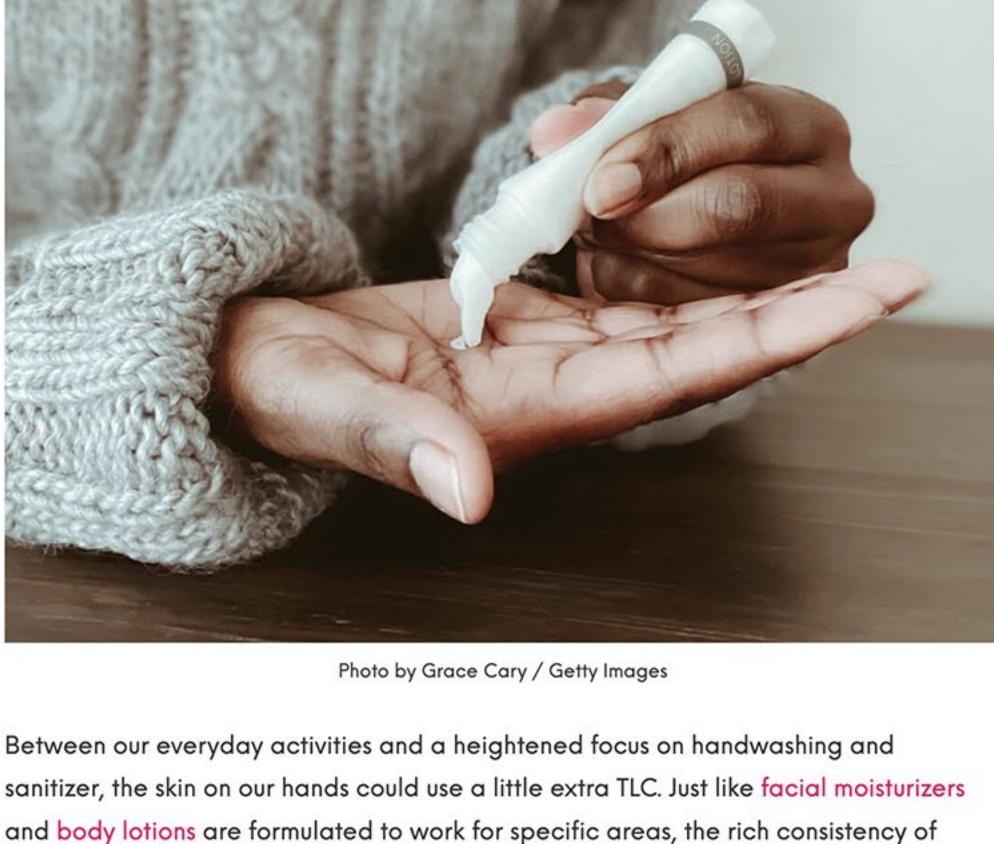
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IPSY 101

SKIN • SKINCARE

The 16 Best Hand Creams to Help You Level Up Your Hand Care (Yes, That's a Thing)

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precious digits. And while they may feel heavy at first, creams and ointments tend to be

hand creams is specially designed to deliver deep, long-lasting hydration to those

the most hydrating, says dermatologist Carmen Castilla, MD. When searching for the best hand cream for you, Dr. Castilla says you should look for three key ingredients: humectants, occlusives, and emollients. "Humectants, such as alpha hydroxy acids, aloe vera, hyaluronic acid, glycerin, and urea, help hydrate the skin by drawing water into the outer skin layer. Emollients, such as ceramides, fatty acids, and lipids, help fill in the gaps between skin cells, softening the skin. And

occlusives, such as lanolin, mineral oils, and petroleum [like Vaseline], create a barrier

to help trap in moisture." If you have sensitive skin, "stay away from alcohols and

fragrances, as these can be very irritating," adds Dr. Castilla. Ready to start taking your hand care seriously? Here are the 16 best hand creams to help keep your hands soft, healthy, and hydrated. About the Expert: Carmen Castilla, MD, is a board-certified dermatologist at the New York Dermatology Group.

No need to bury your chapped hands in your pockets. Anti-inflammatory turmeric,

minerals) combine forces to help soothe, smooth, and hydrate your hands while also

lightweight, non-greasy, fast-absorbing, and deeply moisturizes dry skin for long-

antioxidant kale, and AHAVA's own Osmoter™ (a signature blend of Dead Sea

helping to protect against signs of aging.

2. Best Spa-Scented Hand Cream:

3. Best for After-Sun Care:

The Best Hand Creams

1. Best Anti-Aging Hand Cream:



lasting smoothness hydration. And the coconut and eucalyptus scent? We're obsessed. "This smells HEAVENLY! It absorbed well and left my hands feeling hydrated," said one

Ipster after receiving this hand cream in a recent Glam Bag.

cracked, and this lotion makes my hands soft. It's perfect."

LIBRARY OF FLOWERS Honeycomb Handcreme

LA CHATELAINE Hand Cream in Passion Fruit

MERCI HANDY Hand Cream in Hello Sunshine

4. Most Vanity-Worthy Hand Cream:

big for a hand cream too."

around in your purse."

6. Best Hydration Boost:

5. Best French Hand Cream:

PEAR NOVA Hydrating Cream in Coconut & Eucalyptus

AHAVA Smoothing Hand Cream in Kale & Turmeric

THE ORGANIC PHARMACY Hand Cream If you spent a little too much time in the sun and forgot to reapply your SPF, reach for this hydrating hand cream that's made with aloe vera, jojoba oil, comfrey, and shea butter to replenish moisture, soothe irritation, and reduce swelling from your lack of sunscreen. Just one application leaves you with super soft skin. These rave reviews sum it

up perfectly. "This cream made my hands so smooth and soft," says one Ipster review.

Another says, "I live in Arizona, so the heat in the summer makes my hands dry and

The ingredients in this luxe hand cream read like an A-list movie cast (and it's housed in an equally stunning floral aluminum tube!). Heavy-duty shea butter, cocoa butter, argan oil, macadamia seed oil, and avocado oil all work together to condition the hands without leaving any greasy residue behind. All that's left behind is the sweet scent combo of figs, honey, and beeblossom.

"Smells heavenly! It's a thicker cream which is wonderful with all the constant hand

washing these days," one Ipster said in their review. "It's not sticky or greasy—pretty

We'll trust just about any skincare product and beauty tip the French swear by, and this hand cream is no exception. Packed with nourishing shea butter and argan oil, this hand salve is a go-to solution for anyone experiencing dry, chapped skin from cold weather and lots of hand sanitizer. This formula is also all natural and made with

organic ingredients so you can feel good lathering it on every day. "This hand cream is

very smooth and hydrating," reviewed an Ipster. "It's the perfect size for carrying

Whenever you're looking for a brief escape from cold weather, simply lather on this

vacay-scented hand cream. Take a closer look at this lotion's texture, and you'll notice

tiny yellow specs. These are emollient pearls that add an extra moisture boost to skin.

"With all the hand washing I've been doing these past few months, I've needed something rich, creamy, and hydrating to combat all the cracks and dryness," writes one lpster. "This is totally the right thing for the job!" 7. Fastest Absorbing Hand Cream: THE SAEM Perfumed Hand Essence in Magnolia When you need something ultra lightweight, reach for this quick-absorbing lotion.

Although the formula feels weightless on your skin, it still comes with major hydration

benefits thanks to ingredients like macadamia seed oil, olive oil, and argan oil. One

kinds of skincare nutrients like shea butter, mango seed butter, olive oil, and soybean

brand for its regenerative ingredients and extra-strength protection against

oil—to name a few. In fact, in 2018, BAREFOOT VENUS was voted IPSY's #1 hand cream

dehydration. "Smells so good and makes your skin feel silky smooth all day long," says

my go-to in my work bag to combat 12+ hours of hand sanitizer use."

Ipster describes this formula as "not greasy at all with a very mild scent." They add: "It's

BAREFOOT VENUS Wild Flower Instant Hand Repair This luscious hand repair cream (which also doubles as a foot cream!) is made with all

and rich without being greasy. Smells delicious also!"

10. Best Shea Butter Hand Cream:

11. Most Protective Hand Cream:

L'OCCITANE Shea Butter Hand Cream

KIEHL'S Ultimate Strength Hand Salve

12. Best Fragrance-Free Hand Cream:

O'KEEFFE'S Working Hands Hand Cream

13. Best for Cracked Skin:

14. Desktop Staple Hand Cream:

hands.

NEUTROGENA Norwegian® Formula Hand Cream

8. Great Multitasking Hand Cream:

one lpster.

9. Best Gourmand-Scented Hand Cream: **CAKE BEAUTY Milk Made Velveteen Hand Cream** This hand cream almost smells good enough to eat. On top of its jelly donut scent, this cream's whipped, airy texture easily absorbs into your skin and leaves your hands feeling soft and smooth. Infused with soothing oat milk concentrate and marshmallow

root extract, it's tailor-made for dry, cracked hands and cuticles. One Ipster says, "It's

such a lovely scent that you want to eat it! Works great!" Another writes, "Hydrating

moisturizing ingredient. One dot is all you need to feel instantly softer and nourished hands that are also protected from environmental aggressors.

This hand cream's name says it all. KIEHL'S is not messing around when it comes to

taking care of the skin on your hands. The thick, rich formula leaves your dry hand

feeling soft, conditioner, and cared for all day thanks to a combination of shea butter,

avocado oil, and sesame oil. The ingredients work almost like a glove, drawing and

absorbing water from to air to create a protective barrier against moisture loss.

from French skincare brand L'OCCITANE uses 20 percent of the powerhouse

Some hand lotions boast a bit of shea butter here and there, but this rich hand cream

Dr. Castilla advises against fragrance if you have sensitive skin, and this drugstore hand cream from Neutrogena checks all the right boxes. The highly concentrated formula gets to work fast to help heal your dry hands and improve their look and feel on contact. Plus, the long-lasting, glycerin-rich formula is totally fragrance free, so you won't have any unnecessary irritation.

If your hand's natural skin barrier has been damaged so much that your hands have

the moisture it delivers (full of glycerin, stearic acid, and urea) and heal your achy

started cracking and hurting, this hard-working hand cream is exactly what you need.

It's specially formulas to create a protective barrier on your skin's surface to help lock in

Not only will this hand cream from AESOP look minimalist and chic sitting atop your desk (whether you work from home or in an office), but the greaseless finish and fastabsorbing formula means you can get back to replying to Slacks faster without leaving

AESOP Resurrection Aromatique Hand Balm

will leave your coworkers (or pets!) equally as soothed every time you apply. 15. Longest-Lasting Hand Cream: **GOLD BOND Ultimate Healing Hand Cream** What if we told you that this hand cream has nourishing benefits that even last through washing your hands? We didn't think it was possible, but GOLD BOND has proved us

oils behind on your keyboard. Plus, the calming citrus, woody, and herbaceous scent

wrong. It contains seven essential moisturizers (including urea, glycerin, and aloe) as well as vitamin C to protect against environmental aggressors, vitamin B (including niacinamide) to improve the appearance of dark spots, and vitamin E to prevent moisture loss.

16. Best for Sensitive Skin:

wind-worn hands.

LA ROCHE-POSAY Cicaplast Hand Cream Yes, this hand cream will leave your dry (or even very dry!) hands feeling soft, smooth, and hydrated upon application, but it's what it doesn't do that makes it stand out even more. This rich lotion is free from parabens, fragrance, and allergens. It's been dermatologist tested to make it totally safe for sensitive skin, eczema, and cold- or

products. Either way, don't forget to check us out on Instagram and Twitter @IPSY.

Do you want to step up your entire skincare routine? Take our Beauty Quiz now to get started. Already an Ipster? Refer your friends to earn points, which you can use toward

























