

Beauty

The high-tech facials Jennifer Lawrence, Rosie Huntington-Whiteley and Sienna Miller get before hitting the red carpet

Here's how to get that awards season glow

CHLOE STREET | 4 days ago | 0 comments



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Rosie Huntington-Whiteley Getty Images for The Huffington

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As stars hit the red carpet at the Oscars tomorrow the world will tune in to witness a spectacle of incredible couture dresses paired with dewy, dazzling skin.

But how do celebrities get that awards season glow?

While they'll often attribute their dewy complexion to the simple formula of "water and a good night's sleep", the reality is there are armies of skin doctors and facialists working behind-the-scenes of any red carpet event to help the A-list tighten, brighten and perfect those pores.

We've done some digging, and discovered these specialist treatments are some of the most popular:

The Triad Facial by Dr. David Colbert

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drdavidcolbert Dr.Colbert performs the new Runway Facial at his @goldenglobes pop up clinic in Beverly Hills this week. The stars were glowing on the red carpet yesterday!
 ★ #drdavidcolbert #runwayfacial #goldenglobes #hollywood #cutera #redcarpetready #glowingskin #colbertmd

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David Colbert is founder of super-popular luxe skincare line ColbertMD and Founder and Head Physician of New York Dermatology Group (NYDG), a New York practice incorporating state-of-the-art dermatology with other key medical disciplines to offer patients super advanced skin care.

The clinic has a loyal celebrity following numbering the likes of Chloe Sevigny, Adriana Lima and Sienna Miller.

His Triad Facial involves three regenerative steps: first comes microdermabrasion to gently prime the skin surface, then laser toning to help boost collagen, improve elasticity and stimulate cellular renewal. Lastly he applies a special personalised Glycolic Peel to gently exfoliate the skin and reveal a fresher looking complexion. No wonder Sienna Miller and Naomi Watts had the treatment prior to the Emmys and the Golden Globes.

The best news? There's now no need to cross the Atlantic to get it. Dr. Colbert's signature NYDG treatments are now available at the newly-opened Harrods Wellness Clinic, administered by the UK Medical Director for NYDG, Costas Papageorgiou MD FACS.

The NYDG Triad facial, £800 for 90 minutes available at The Harrods Wellness Clinic. [Book here.](#)