## BEAUTY Insider

# fantastic FACIALISTS

When your skin has to be on point, these skin-care magicians have your back.

#### SHANI DARDEN

Shani Darden Skin Care Shanidarden.com; 310-745-3150 STAR CLIENTS: Emily Ratajkowski, Jessica Alba SPECIAL TECHNIQUE: Darden uses a variety of devices, such as microcurrent, ultrasound, and LED, along with a light peel. STANDOUT PRODUCT: Resurface by Shani Darden Retinol Reform. "Retinol boosts collagen and decreases fine lines."

## VANESSA HERNANDEZ

Vanessa Hernandez Skincare Vhskincare.com; 310-849-4452 STAR CLIENTS: Gwyneth Paltrow, Jenna Dewan SPECIAL TECHNIQUE: Hernandez does everything from microdermabrasion to microneedling. STANDOUT PRODUCT: M-61 PowerGlow Peel (\$28 for 10). "Salicylic and glycolic acids and antioxidants keep skin glowing."

### MILA MOURSI

Mila Moursi Skin Care Institute & Day Spa Milamoursi.com; 310-274-1602 STAR CLIENTS: Charlize Theron, Jennifer Aniston SPECIAL TECHNIQUE: Moursi offers nanocurrent and radio frequency combined with massage and lymphatic drainage. STANDOUT PRODUCT: Mila Moursi Refining Lotion. "The glycolic acid cleans the walls of your pores."

FROM TOP: MILA MOURSI REFINING LOTION (\$160); RESURFACE BY SHANI DARDEN RETINOL REFORM (\$95).









## TOP **TANNING TIPS**

Jules Von Hep, founder of Isle of Paradise, has spray-tanned the likes of Kendall Jenner, so he knows faux glow.

Exfoliate first using an oil-free scrub. "What you don't want to do is put a film on the skin," he says. "The oils in regular scrubs keep the skin hydrated for up to 48 hours. For me, that's a nightmare because that's 48 hours the tanner can't get through."

PARADISE SELF-TANNING WATER LIGHT (\$28)

Start with self-tanning mousse and a Beautyblender (\$20) to contour vour cheekbones and jawline. Wait four hours, shower then apply fullbody tanning water all over.

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Set your work with translucent powder. "The inside of the elbows and décolletage tend to sweat," he warns.

## **FACE TIME**

Two of Beverly Hills' most in-demand dermatologists draw back the curtain on what's going down in their exam rooms.

"We're doing a lot of earlobes," says NYC-based dermatologist David Colbert, MD, who's tended to Naomi Watts and Robin Wright and has a satellite office in Beverly Hills he visits every three to four months. Plumping deflated lobes with hyaluronic acid filler, like Restylane, helps earrings hang better. According to Colbert, injecting 'forgotten" parts of the face is also big news. "It used to be that people would just inject Botox around the crow's-feet. And I'll do that, but I'll also inject a very fine little thread going right up to the eye, so it's not just doing the undereye area, but really perfecting it." Beverly Hills dermatologist Harold Lancer, MD-whose waiting area has hosted Brie Larson and Margot Robbie-uses neuromodulators (Dysport and Botox, for example) to erase lines on the elbows, knees, or cleavage. Neuromodulators and fillers need to be done at least a week before an event to give the product time to acclimate to the body. A series of laser treatments needs to be planned to end at least three weeks in advance of the big moment. "Lasers are usually used for color correction or pore reduction," Lancer says. "They're not a one-time treatment."



## **BODY OF EVIDENCE**

Because looking good doesn't stop with the face.

Lancer employs the Venus Legacy radio-frequency device when "an outfit change dictates a need for treatment," he says. A 30- to 40-minute session can firm and lift areas such as the arms or breasts. Colbert's Runway Legs treatment, which includes a chemical peel and laser toning, is also popular. "It optimizes the shape of your legs." he says. For allover radiance, A-listers book "The Rub" with Vargas. The 60-minute service incorporates full-body microdermabrasion, followed by a massage with hydrating shredded coconut.

## color us IMPRESSED

These three hair colorists are responsible for the most enviable strands in La-La Land.

## LORRI GODDARD

Palihouse West Hollywood 310-560-0573

STAR CLIENTS: Reese Witherspoon, Ashley Olsen BESTKNOWN FOR: Ultradelicate balayage highlights and lowlights that look born-this-way natural.

STANDOUT PRODUCT: "Moroccanoil Protect & Prevent Spray (\$30) protects hair from oxidization due to damaging UV rays," says the Moroccanoil celebrity colorist.

#### TRACEY CUNNINGHAM

Mèche Salon

Mechesalonla.com: 310-278-8930

STAR CLIENTS: Dakota Johnson, Natalie Portman

BESTKNOWN FOR: Taking stars to color extremes and back again at the drop of a hat.

STANDOUT PRODUCT: "I have clients do Olaplex Hair Perfector No. 3 treatment," she says. "It makes hair much stronger."

### RIAWNA CAPRI

Nine Zero One Salon

Ninezeroonesalon.com; 310-855-9099

STAR CLIENTS: Selena Gomez, Jennifer Lawrence

BEST KNOWN FOR: Perfecting rich brunettes and the sun-

kissed, California-girl vibe.

STANDOUT PRODUCT: Capri and her salon co-owner, Nikki Lee, are launching a hair-care line, In Common, this month, which includes a detangling and color-protecting Magic Myst (\$35). "It's the first thing that goes on after a shower," she says. "It's like a daily moisturizer for hair."





