

SKIN

# 4 Professional Makeup Artists Reveal Their Skin-Care Routines

Ever wonder how makeup artists keep their skin in tip-top shape? Here's how.

BY KALEIGH FASANELLA

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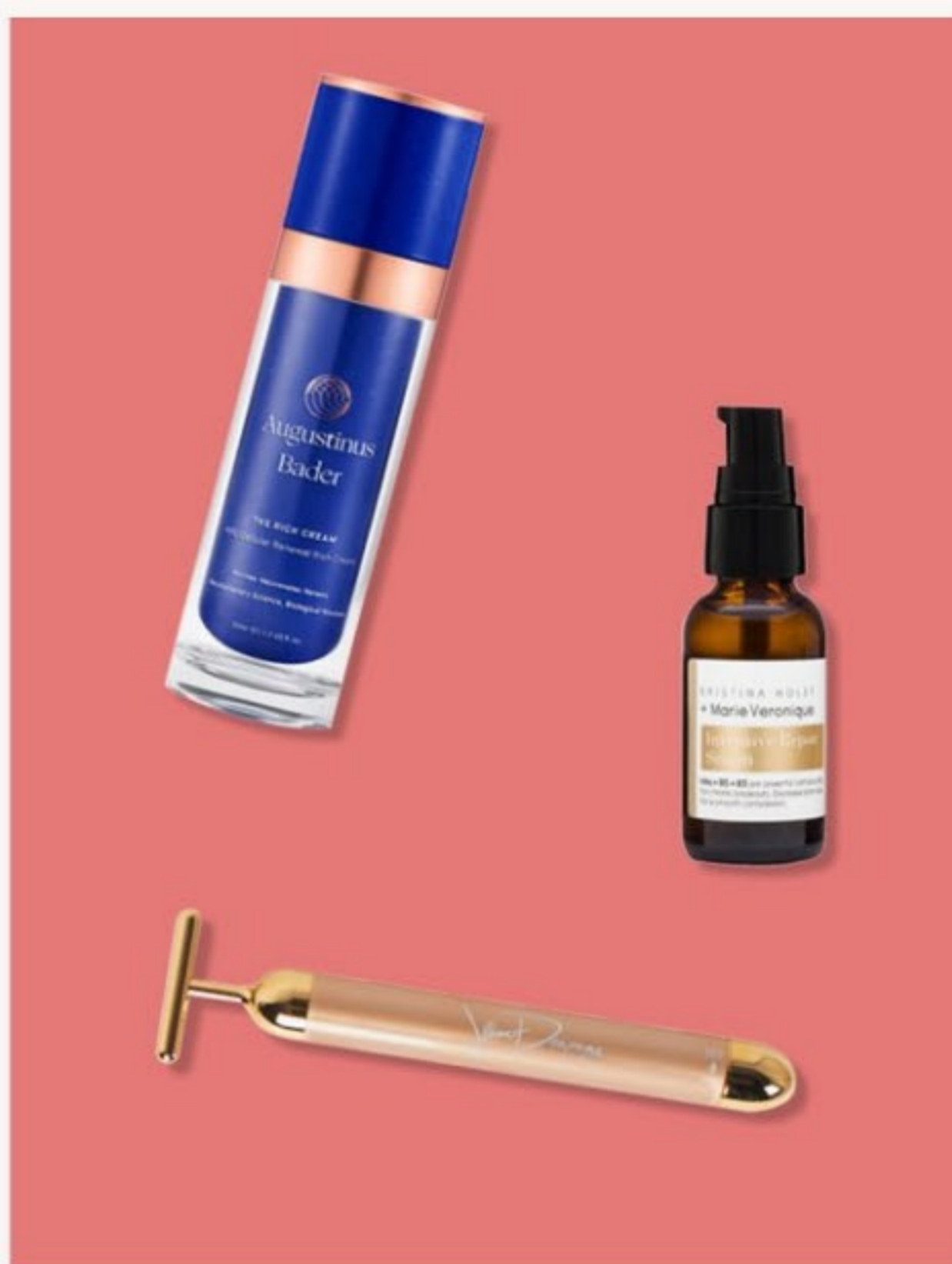


One of, if not *the* most common question makeup artists get asked is [how to make foundation look flawless](#). And you know what? Almost every single one of them will tell you it starts with skin care. Sure, makeup artists might spend their days knee-deep in base products, but 99.9 percent of the time, they begin by prepping their client's skin with serum, moisturizer, maybe a hydrating mask — hell, sometimes all three — purely because they know that nothing they put on top will look right if the skin isn't in superior shape.

Turns out, makeup artists don't mess around when it comes to their own complexions, either. Just like [dermatologists](#), [aestheticians](#), and [plastic surgeons](#), makeup artists put much time and effort into their skin-care routines to ensure it stays in tip-top shape. This includes using some of the top-rated serums and moisturizers on the market, at-home microneedling treatments, frequent facial massages, and more.

How do we know? Because *Allure* was lucky enough to get a full-blown breakdown of four top makeup artists' skin-care routines — and the specific treatments they swear by. Keep scrolling for the deep-dive.

## Romy Soleimani



### Morning:

Even when she's up at the crack of dawn to make up stars like Cara Delevingne, Keira Knightly, and Kendall Jenner — to name just a few — makeup artist Romy Soleimani follows a simple skin-care routine comprised of three products.

"Less is more is my general skin-care philosophy, so I splash with cold water and then mist with [Tata Harper's Floral Essence](#)," she says of her cleanser-free regimen. "Then, I go in with [Georgia Louise's Vitamin A Serum](#) and follow that with [Augustinus's Bader The Rich Cream](#)." Soleimani's routine, while streamlined, features three extremely effective products that she feels are worth their expensive pricetags.

### Night:

Nighttime is when Soleimani sits back and gets into the self-care element of skin care. She begins by using [Omorovicova's Thermal Cleansing Balm](#) on dry skin, using a gentle [Eve Lom muslin cloth](#) to remove it with warm water. She then uses the same Tata Harper essence to tone. For added hydration, she relies on [Retrouve's Intensive Replenishing Facial Moisturizer](#), which she says she likes to massage into her skin using a tool. Her three favorites include [Jillian Dempsey's Gold Bar](#), the [ReFa S Carat](#), and [Georgia Louise's Lift + Sculpt Butterfly Stone](#).

When she has the energy, she uses [May Lindstrom's Blue Cocoon](#) on the high points of her face. "I also like to massage it vigorously on my lips," she says. "And, if I feel a breakout coming, I use [Marie Veronique's Instant Repair Serum](#)."

### The Extras:

Despite being a less-is-more type of gal, Soleimani loves to treat herself to facials with Lauren at [NYDG Wellness](#). "Joanna Czech is magic, too!" she raves of her other favorite aesthetician.

[Platelet-rich plasma or PRP](#) with dermatologist [David Colbert](#) is another skin-care treatment she swears by. PRP works by using plasma from your white blood cells and platelets, which is rich in growth factors, to stimulate collagen production. "It's crazy, but the results are amazing," she says. "It's a *big* collagen boost."