



SKIN

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THE BIG DAY: *Pre-Event Facials*

Whether you're a bride-to-be, preparing to walk the red carpet, or simply have an event that you want to look your best for, make sure you're good to go (or glow) with a pre-event facial. These are some of the best in London and New York...



Image Credit @ Camilla Akrans for Harpers Bazaar

Dr Colbert's NYDG, New York
with Susanne Kaufmann ↓



Has the Royal Wedding given you wedding fever? Or Cannes Film Festival making you want to nail red carpet perfection? Whether you're currently planning your wedding (congratulations!) or prepping for a special occasion, a pre-wedding facial or pre-event treatment is a great idea to ensure your skin is looking at its best on the big day. It's often said that it's best to avoid facials right before a wedding or big event, and it's true that it's not a great time to experiment with new products or invasive treatments due to the potential negative reactions and any downtime. However, there are a host of pre-event facials on the market designed specifically to have before big occasions. These are a few of my favourites in London and New York...

PRE-EVENT FACIALS I LOVE

✦ **Susanne Kaufmann Bespoke Rejuvenating Facial at Dr Colbert's NYDG, New York**

My go-to in New York, Dr Colbert's Runway Facial is a great pre-event facial, combining advanced medical and cosmetic skincare technology with the cosmetic boost of a facial for immediate exfoliation, hydration and skin brightening benefits. Beloved by celebrities in the city, Sienna Miller's Met Gala glow was enhanced with one of Dr Colbert's treatments, as she received an NYDG treatment before the Met Ball! In the newly-opened NYDG Integral Health and Wellness Center, Susanne Kaufmann now offers her treatments, the first time she's had her own dedicated treatment space in the US, and her Bespoke Rejuvenating Facial is the perfect pre-event pick-me-up.

[\(See more Met Gala looks here\)](#)