

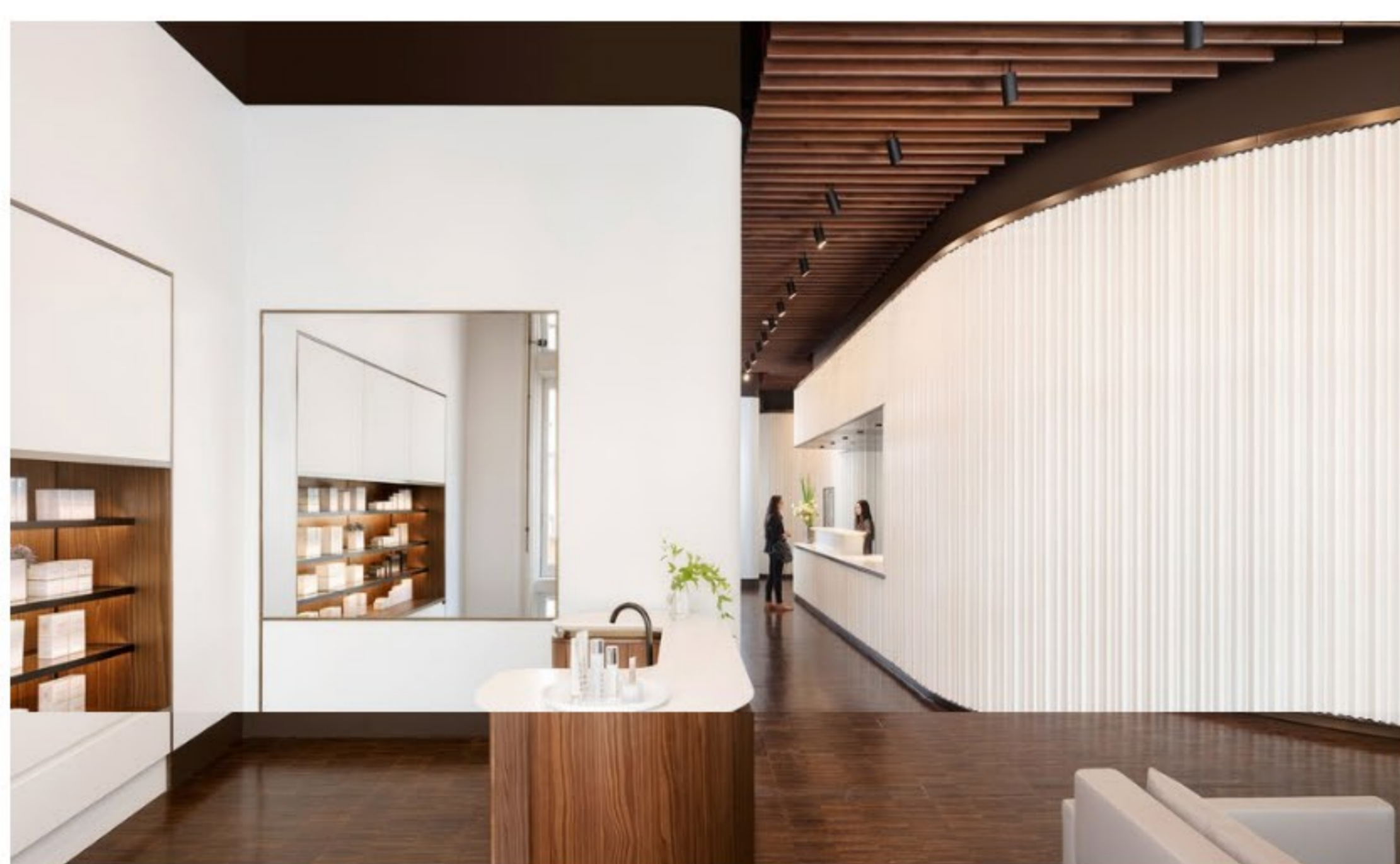
BEAUTY

A Wellness Destination in New York, Brought to You by NYDG

The famed Dr. David Colbert expands his practice, creating an oasis for wellness and integral health in the center of Manhattan.

→ by [SUNHEE GRINNELL](#)

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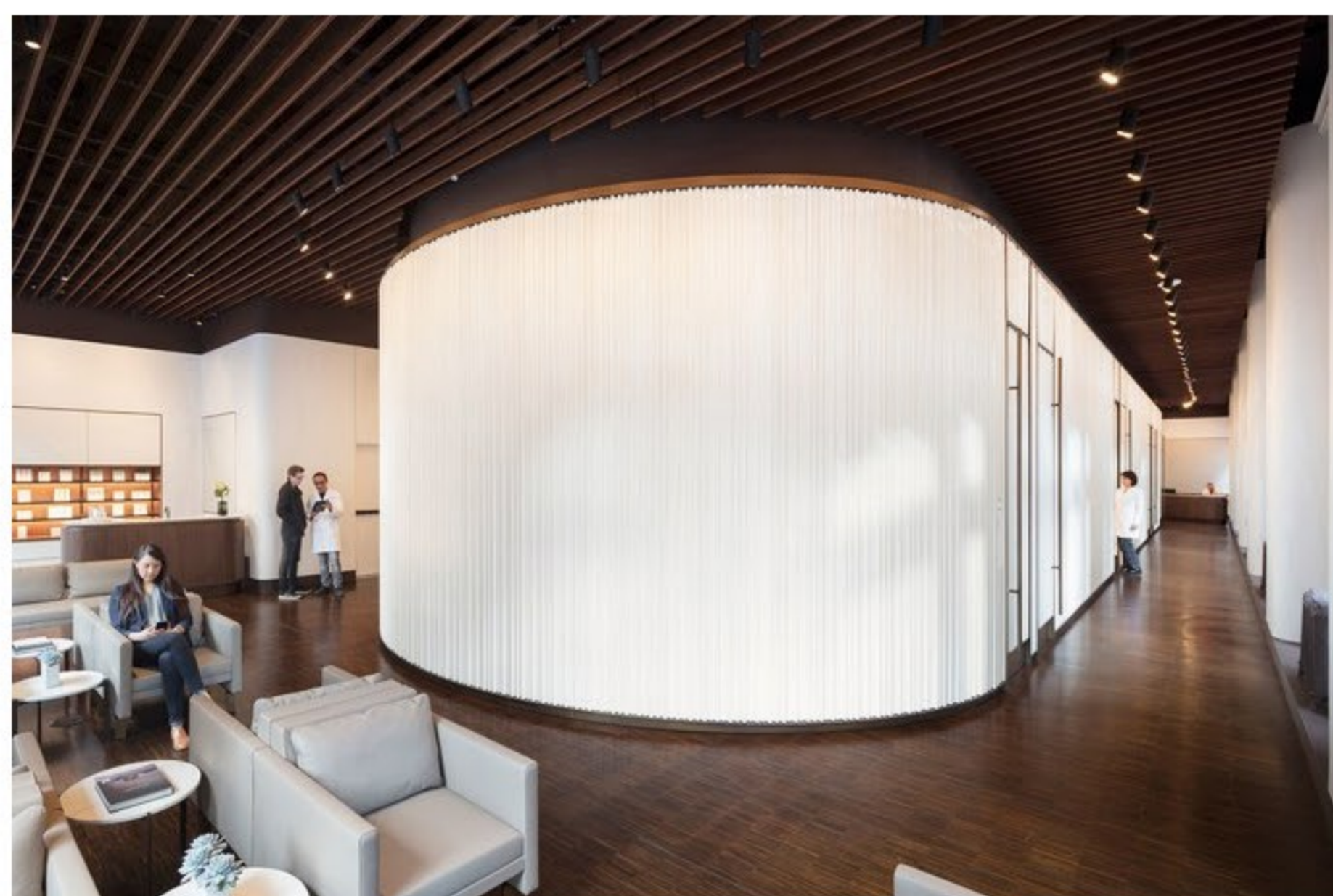


By Albert Vecerka/Esto.

Located at 119 Fifth Avenue in the classic Flatiron district, New York Dermatology Group's newly renovated health and wellness facility occupies a sprawling 7,000 square feet. The space includes eight state-of-the-art rooms, an I.V. infusion suite, nutritional consultations, two types of cryotherapy, collagen beds, as well as various laser and other related devices. The environment is impressive. Realized by Brandon Haw Architecture who worked alongside the expert fabrication and installation team Paolo Cassina Custom Interiors, it's a space one can get used to very quickly.

"My goal with NYDG Integral Health and Wellness is to create a global center of excellence where natural, holistic, and wellness services could combine with more traditional medical therapies," said Dr. **David Colbert**, the founder and the head physician at the center. "I like the idea that a patient could visit the fourth floor for a skin-cancer check and an aesthetic procedure and then head to the second floor for wellness-based therapies like a Susanne Kaufmann detox massage, collagen bed, cryotherapy, and I.V. therapy."

Yes, Susanne Kaufmann is in the house! The highly praised product line is well-curated and is coupled with facial and body treatments. Specially trained in the Susanne Kaufmann protocols, a team of expert aestheticians will offer a customized menu of facial and body services targeted to the client's specific needs and interest.



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And there's more. Colbert explains, "In addition to the dermatological services, we already offered our patients on the second floor access to internal medicine with Dr. **John Adams**. In the Wellness Clinic we extended the reach of the practice to include Dr. **John Kennedy**, a world-class orthopedic surgeon and gynecologist Dr. **Kathleen Mulligan**."

Colbert is board-certified by the American Academy of Dermatology and board eligible in Internal Medicine. He has been established in private practice in New York City since 1995, and many boldface names, from **Naomi Watts** to **Alessandra Ambrosio**, flock to see Dr. Colbert (unless he's out surfing! Yes, he's an avid surfer). And there's also **Lauren Hackney**, the lead medical aesthetician who specializes in lasers, microdermabrasion, chemical peels, and creating customized treatments and at-home care, based on patient concerns.

"Our clinical patients are embracing the integration of health and wellness. They are already engaged in these type of services, but until now they had to go to two or three, even more, places to experience them all. They are excited to be able to have everything in one luxurious place—and with physicians and practitioners, they trust. It's the way of the future," said Colbert.



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Can you say one-stop shop to beautify inside and out? Yes, and then some.