

THE BEST FACIALS FOR DRY WINTERTIME SKIN


DULLNESS AND DRY PATCHES BEGONE


BY SUMMER LIN DEC 18, 2018



As the temperatures dip below freezing and heaters clank on, the dry, wintery air can strip the thin layer of oil that keeps your complexion hydrated, leading to dull, dry skin and overactive sebaceous glands. The colder months might be the perfect time to book an appointment with an aesthetician to give your skin some extra TLC. Ahead, *CR* spotlights the most hydrating treatments to combat flakey, winter skin.

NYDG GLACIAL FACIAL


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@nydgwellness taking incredible care of me today w/ a sculpting facial, cryo facial, IV therapy, and an LED bed in preparation for the show. 🥰 @nydgs skincare @colbert_md xxx

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Combined with the anti-aging benefits of boosting collagen and reducing fine lines, NYDG's Glacial Facial combines the Clear + Brilliant laser technology with cryotherapy and LED light to leave your skin dewier than ever.

New York Dermatology Group, 119 5th Avenue, 4th Floor, New York, NY 10003

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#Repost @mr.rutherford

When these goggles come off, I better look like @dylansprouse 🥰🥰🥰 #cryotherapy #cryofacial #nydgwellness Big thanks to my friend @markcolbertny and his wonderful @nydgwellness team for helping me (and this tired ole face) feel refreshed, renewed and ready for Fall! #wellnesswednesday.

thx @joeyzauzig for the #

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Speaking of cryotherapy, NYDG's Cyrofacial uses a powerful mix of microdermabrasion, Anti-Aging Brightening Mask, cryotherapy, and LED light in order to increase cell turnover and speed up the skin's healing process. The secret is all on the cold vapor and light therapy, which is proven to boost the skin's collagen production and cell rejuvenation. "It's a great treatment to target skin suffering from the effects of winter weather, which tends to be dry and irritated," Colbert tells *CR*. "Localized cryotherapy minimizes redness and calms inflammation in the skin. The LED therapy accelerates the skin's natural healing process, moisturizes, and reduces the appearance of fine lines and wrinkles."