SKIN

The Runway Facial by Dr. David Colbert Is the Treatment Victoria's Secret Models Got Pre-Show

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While some supermodels indulged in 24-karat-gold face masks before stepping onto the Victoria's Secret Fashion Show catwalk, other Angels got glow-y with help from the Runway Facial by Dr. David Colbert.

During their days-long prep process leading up to the Parisian extravaganza, Victoria's Secret girls, like Lily Aldridge, Adriana Lima, Stella Maxwell, and Lameka Fox, trained, took selfies in front of the Eiffel tower, and treated their skin to superluxe treatments, including a custom-made, ultrabrightening facial called the Runway Facial by Dr. David Colbert, which was created by New York City-based dermatologist David Colbert.

The skin expert's eponymous 90-minute facial tightens, tones, and brightens complexions in an extensive nine-step treatment which includes: cleansing with the Colbert MD Balance Purifying Cleanser, which has lactic acid to gently exfoliate, a few passes with an eTwo Sublime radio frequency device to lift and tone; microdermabrasion to scrub dead skin cells off the skin's surface; a laser treatment of 5,000 pulses to stimulate collagen and increase firmness; a gentle fruit acid peel; a few spritzes of rosewater mist (like this one from Jurlique) to calm the skin; a combo brightening treatment using the Colbert MD Illumino Brightening Mask, a sheet mask, and an LED light, which are massaged into the skin, ← Colbert MD Illumino Face Oilto soothe the skin after the seven previous steps, and finally, the treatment ends after the Colbert Retensify Firming Cream is applied to the face, neck, and décolleté for an illuminating finish. Got all that?

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But perhaps the coolest aspect of the Runway Facial by Dr. David Colbert is that once the models were done getting glow-y, they were able to parade back into the city for steak frites and shopping because—get this—the custom treatment required *zero* downtime. Meaning, some models visited the skin-care guru for a day-of treatment before hours before making their runway debut. Now, how's that for fresh-faced?

The Runway Facial by Dr. David Colbert will be available by appointment at Colbert's New York City office. In the off-chance you have $2,000 to burn, it would be a pretty luxurious 90 minutes.