

Hollywood's Hair-Extension Tension

Nearly all stars wear them, but amid 'extension shaming,' few will fess up to fake locks

By Monica Corcoran Harel

Nowadays, actresses like **Sarah Hyland** and **Rachel Bloom** name-check Spanx on the red carpet, and stars from **Sofia Vergara** to **Zendaya** have posted the requisite no-makeup selfie. Even eyelash enhancements get a shout-out in social media posts. But a falsely full head of hair — courtesy of extensions — may be the final frontier of beauty transparency on the red carpet, social media and television.



Dunham

At a time when experts like Hollywood hairstylist **Priscilla Valles**, whose clients include **Kylie Jenner**, **Chrissy Teigen** and **Christina Aguilera**, estimate that 97 percent of all female stars wear hair extensions — both onscreen and off, whenever there are cameras — many still remain mum about using them. "I would say wearing extensions all the time is the new normal," says hairstylist **Amie Jorgensen** of Beverly Hills' Giuseppe Franco Salon, who has worked on NBC's *The Apprentice* and Bravo's *The Real Housewives of Beverly Hills*. "Most actresses and models wear them off set as well." Valles adds that some of her television

clients have contract clauses requiring the production budget to cover the cost of their extensions (from \$1,000), even on hiatus: "The camera eats hair, so you always need more. If an actress is in front of a camera, whether it's a photo shoot or a TV show or a film, she's definitely wearing extensions." Yet most actresses don't want their extensions status revealed — especially with the advent of Instagram hecklers, who criticize stars for setting unrealistic expectations about

From left: *Pretty Little Liars*' Ashley Benson, Kaling, Gomez, Thome, Teigen, PLL's Hale and Henson (or their hairstylists) have been up front about their use of hair extensions on set or onstage.

female appearance. (**Jennifer Lopez** recently was called out by trolls mocking her in L'Oréal ads: "If only she sang as nice as her extensions look.") Celebrity stylist **Jen Atkin**, hair guru to the *Kardashian* clan, has taken to social media to advocate against "extension shaming" and insists that more women fight the stigma by talking openly about their fake hair.

Yet most of Hollywood — and its hairstylists — aren't sharing. Fox's *Scream Queens* lead stylist **Jennifer Johnson** says she won't out a client who wears them (she always has on hand "a full trunk of hair" in case an actress wants some added off-duty oomph): "When we first started *Gossip Girl*, it wasn't accepted to even say that an actress had hair extensions on the show. Now we talk about using them, but I still will not say any names of actresses who wear extensions all the time." Valles agrees: "When I started doing extensions 16 years ago, I was signing confidentiality agreements daily because no one wanted anyone to know they had them in," she says. "Now, because of social media, people started being more open about beauty — but still, about half of my clients don't want to go public."

Notable exceptions include **Mindy Kaling** and *13 Reasons Why* exec producer **Selena Gomez**, who always have copped to flirting with faux

tresses; *Pretty Little Liars*' **Lucy Hale** (who has said, "It's important for young girls to realize ... some of us have extensions"); and *Empire*'s **Taraji P. Henson**, whom hair department head **Melissa Fomey** says credits extensions and wigs for her lavish locks. And leave it to **Lena Dunham** to spearhead truth in beauty on the small screen: "I had some extra hair put in for a scene, and [executive producer **Judd Apatow**] was like, 'Get it off!'" she says with a laugh, explaining *Girls*' no-hair-extensions rule. "On every sitcom that's about fun, normal girls, they have full bouffants. It's insane." Adds showrunner **Jenni Konner**, "People look like they have poodles on their heads."

Johnson says that when it comes to style, no TV is really TV: "Creators of shows will be like, 'Make it '80s. But not ugly '80s.'" Characters might save lives (*Chicago Fire*'s paramedic, played by **Monica Raymund**); fetch coffee (**Sutton Foster**'s 40-something assistant in *Younger*); or eat human flesh (**Drew Barrymore**'s *Santa Clarita Diet* zombie mom), but they all sport undulating waves that start an inch above the ears, coincidentally where extensions are sewn in or clipped on. Still, hairstylist **Kim Ferry**, who used extensions to create *Pretty Little Liars*' iconic waves, doesn't feel it's necessary to politicize star coifs. "I think it's OK if we're throwing in some extra extensions just to thicken up hair a little bit because no one will really know," she says. "It's not like we're trying to trick anybody." **EW**



Everyone Wants to Look Like Ivanka Trump?!

No matter what your political leanings are, Ivanka Trump is a kind of role model, says Gabriel Chiu of Beverly Hills Plastic Surgery Inc. "How many people have her look, went to an Ivy League school and hold their own in business and socially?" So it's no surprise to the celebrity cosmetic surgeon that patients wish to emulate the 35-year-old first daughter's appearance. "It's both facial and body features. People talk about her cheekbones, how proportionate her face is, the combined features of her eyes, nose and lips," says Chiu, who also has had patients inquire about the fullness of Trump's youthful face, which can be accomplished by a fat-transfer procedure. "The aesthetic look is moving nationally from a Kardashian type to an Ivanka Trump look — less done," says NYC-based certified aesthetic nurse specialist Jill Caruso. Adds New York plastic surgeon Sharon Giese: "My patients in their 20s still want to look like Kylie Jenner, but those in their 30s to mid-40s are going for a softer, classic appearance, more like Ivanka Trump." — **LEILEY MCKENZIE AND BETH LANDMAN**



Power Guys Get Fly With New 'Tie Tuck'

A strong jawline signifies strength, health and confidence, so it's no wonder that men are taking aim at jiggling jowls. **Naomi Watts'** dermatologist **David Colbert** conceived of his new "tie tuck" treatment when **Kyle MacLachlan** came into his NYC office for some "sprucing" before filming **David Lynch's** *Twin Peaks* reboot. After Colbert looked at images from the original '90s series in which the actor starred, a light bulb went off. "With age, the skin along the jaw can sink into a pocket of fat," he says.

The two-hour tie-tuck procedure involves a mix of radio frequency and Ultherapy, both of which lift and tighten, the latter using ultrasound technology; fat-melting compound Kybella; crease filler Radiesse; and Botox sibling Dysport — all to reduce fatty deposits under the neck and cheek jowls and deliver a more defined jawline (\$4,500 to \$6,500). Colbert advises patients to maintain annually, plus Botox and laser tune-ups.

Lisa Goodman, founder of Brentwood's Goodskin Los Angeles, performs similar treatments on 90 percent of her male clients. "The process of aging involves bone loss on the jawline," so the licensed physician assistant recommends a "calcium jowl lift," which replaces lost bone with calcium filler, or Radiesse (\$2,200 to \$3,500 a session) or Kybella to eliminate fat and sculpt the jawline (\$1,600 for one of three treatments). Another option: a dissolvable thread lift, which can reposition fat pads and lift skin (\$2,500 to \$4,500).

Beverly Hills plastic surgeon **Garth Fisher** (**Kris Jenner** is a patient) suggests a more invasive face and neck lift (from \$35,000) or a combination of liposuction (from \$5,000) and chin and jaw implants (\$12,000). Says Fisher, "The quality of the end result and how natural it looks is most important — not which procedure is the quickest."

While **Tom Brady** is the go-to jawline requested in Fisher's office, Colbert's patients admire the chiseled chins of **Daniel Craig**, **Brad Pitt** and *Outlander*'s **Sam Heughan**, and he cites an increasing interest in Canadian Prime Minister **Justin Trudeau**: "He's got a great-looking jaw!" — **JANE CARLSON**



Brady

How to Have TV Hair – Without the Extensions

Kim Ferry, former *Pretty Little Liars* lead stylist who's now tending to Bella Thorne on *Famous in Love*, breaks down the three steps to getting that ubiquitous sexy, beachy cascade



STEP 1 Start with a setting spray, like Aquate Beyond Body Thermal Spray, on wet or dry hair — Ferry prefers clean, dry hair — and spritz each section of hair, beginning at the nape of the neck.

STEP 2 Using a 1-inch barrel curling iron, wrap 1-inch sections of hair vertically around the barrel with the iron aimed toward the ceiling. ("The vertical angle curl gives the effect that you just came out of the ocean and your hair dried in the California sun," says Ferry, who uses an iron by GHD.) Hold each section for five seconds and then gently pull down on the end of the curl and let the hair cool as it hangs. For larger waves, Ferry advises using a 1½-inch barrel. "I don't curl the last inch of hair. I leave the ends straight," she says. "That is my signature trick!"

STEP 3 Rather than mist with hair spray, use a few drops of a hair oil, like White Sands Orchids Oil, on the fingertips to tame flyaways on the crown and smooth dry ends. — **M.C.H.**

Step-by-step illustrations by **Brown Bird**

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