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BEAUTY

# The Best Face Washes to Swap Into Your Morning Routine This Month



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by JENNA RENNERT



A good cleansing session can be one of the most therapeutic and relaxing parts of a daily skin routine, prepping the canvas for soothing serums and moisturizers to come. With spring officially on the horizon, the time is now to switch to a face wash that's appropriate for the warm air soon to be settling in. Whether your skin is sensitive, dry, normal, or oily, there's a hard-working formula out there that's primed for sunnier days ahead.

## Sensitive



1 / 4



NYDG Skincare Colloidal Oatmeal Cleanser, \$48, [mr.porter.com](http://mr.porter.com)



“Look for products formulated with gentle ingredients like oatmeal or chamomile,” says New York City-based dermatologist Dendy Engelman, M.D. Both are naturally anti-inflammatory and will soothe any redness or itching that may have occurred during the colder months. Engelman also advises patients to skip products with fragrances or additives, since both may cause irritation.