



How Top Dermatologists Take Care Of Their Own Skin

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Who:

David Colbert, MD, is the founder of the [New York Dermatology Group](#). He's also a published author and creator of his own skin-care line, [Colbert MD](#). In addition to working with celebs like Sienna Miller and Naomi Watts, Dr. Colbert offers his professional advice to newspapers, magazines, and good ol' Refinery29.

P.M. Routine:

Come p.m., Dr. Colbert is a minimalist, which we definitely admire. To wash off the NYC day, he uses the [Balance Purifying Cleanser](#), which he says is both refreshing and anti-aging. Next up: moisturizing, of course. "I mix a drop of Illumino Face Oil with [Soothe Night Cream](#)," he said. Infused with QuSome technology, which delivers nutrients in their active states to the dermal layers, Soothe works to calm inflammation caused by environmental stressors and replenish hydration.

Colbert MD Soothe Night Cream, \$165, available at [Barneys New York](#).



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