MetLife Show TIME Inspired by "China: Through the Looking

Glass," Xin Li, Christie's globe-trotting deputy chairman of Asia, rounds up this season's top five China-related exhibitions in New York and abroad. 1. Cai Guo-Qiang's "Borrowing Your Enemy's Arrows" in MoMA's reinstalled contemporary galleries, to view a seminal sculpture that hasn't been shown for nearly a decade (for more on the artist, see page 82). 2. "Court Ladies or Pin-Up Girls?" at the Museum of Fine Arts, Boston, for a fascinating survey of female charms in Chinese art, from Qing Dynasty works on silk to modern propaganda posters. 3. "Zhang Enli: Four Seasons" at Hauser & Wirth's Somerset outpost, to experience the natural world-titles include The Water, the Branches (1)through the artist's childlike wonder. 4. "CHINA 8." an ambitious review of contemporary Chinese art taking place in eight cities along Germany's Rhine and Ruhr rivers, proving the auspiciousness of the number eight in Chinese culture. 5. "Jia Aili," at François Pinault's Palazzo Grassi, Venice, for the chance to see the first solo show in Europe of the Beijing-based artist, whose paintings skate between Chinese themes and Western art history.-MARK GUIDUCCI





FEMININE PERSPECTIVE LEFT: LI AT THIS YEAR'S GALA, FROM TOP: HONG LEI'S EMBROIDERED SPRING DREAMS: ILLUSTRATION OF THE "GOLDEN-VASE PLUMS" POEMS, 2002: EMPEROR HUIZONG'S EARLY-12TH CENTURY COURT LADIES PREPARING NEWLY WOVEN SILK.

OMSON: GOLDEN-VASE PLUMS: H BOSTON, JOEL ALVORD AND LISA WLY WOVEN SILK. EMPEROR HUIZ MUSEUM OF FINE ARTS, BOSTON HANNAH TH FINE ARTS. EPARING NE

MY CHINA PETER Som

AXENTE

Peter Som's favorite city in China is Hong Kong, home of the Upper House, a "beautiful world-class hotel with a fabulous restaurant," and Ted's Lookout, where Som sips "expertly mixed" cocktails (he's partial to the Añejo Highball). The designer wends north to mainland China for the tranquillity of the 50+ gardens of Suzhou; he especially likes the aptly named Lingering Garden, where "you'll definitely want to linger." And if you need a break from shopping, the Lama Temple is "a place of calm in the middle of bustling Beijing.

SCULPTING

Beauty

Contouring with makeup can trick the camera, but those looking for more transformative results call on the experts, who put their magic fingers and microcurrents to work lifting cheekbones and beyond. Facialist Aida Bicai, a favorite of Jenna Lyons and Aerin Lauder, relies on Biologique Recherche's signature machine and her own hummingbird hands to boost blood circulation and encourage lymphatic drainage. Tracie Martyn's airy Flatiron District spa hosts a veritable pre-Met reunion each year, with regulars like Diane von Furstenberg, Naomi Campbell, Georgia May Jagger, and Rihanna filing in for her celebrated sculpting facials. The gentle electrical currents and light therapy can be performed simultaneously on the upper chest and arms-perfect for multitaskers about to slip into a shoulder-baring dress.

MICRONEEDLING

Microneedling-creating tiny punctures in the skin in order to infuse nutrients and kick-start collagen production-is beauty's new buzzword. Though it sounds terrifying, the procedure-which claims to improve texture and shrink pores-doesn't hurt (very much), and smooth-skinned regulars agree the results are worth it. At plastic surgeon Jon Turk, M.D.'s, Upper East Side office, aesthetician Emilia K wields her Dermapen (a motorized wand with a cluster of small needles at the tip) with expert ease; Albuquerque-based facialist Mashell Tabe flies into Manhattan monthly to see devotees like Naomi Watts and Alexi Ashe.



The Pre-PARTY

COMPLEXION PERFECTION IS ALL IN THE PLANNING, HERE, THE TOP TREATMENTS FROM NEW YORK'S SKIN-CARE SUPERSTARS.

PEELS

Chemical peels, which speed the exfoliation of dead surface cells via a cocktail of gentle acids, may be the fastest route to super-natural skin. "You're going to get an immediate effect," dermatologist Patricia Wexler, M.D., says of her Radiance Peel, which counts Met regulars Georgina Chapman and Tory Burch among its fans. Perpetually camera-ready actresses Sienna Miller and Robin Wright credit their complexions to dermatologist David Colbert, M.D.'s, Triad Facial. The breezy 20-minute session combines crystal-sand microdermabrasion, laser toning, and a glycolic peel for instant, light-reflecting results.

