

Spring Clean Your Face

Too oily? Always dry? Update your regimen with a customized action plan from top Hollywood docs

SOOTHE SENSITIVE SKIN

- 1. Remove residue with a powdered cleanser** Mix the gentle formula with water, and its minerals bond with skin to create a barrier against irritating makeup and dirt, says NYC's Dr. Bruce Katz, who has treated Mariah Carey.
- 2. Calm redness with botanicals** A toner with rose water "soothes to restore even coloring," says Katz.
- 3. Prime with a water-based serum** Used before moisturizer, the mild concentration helps drive the lotion's active ingredients deeper into pores, for faster, more effective results.
- 4. Smooth with a plant-packed mask** "Blue algae softens rough spots and balances ruddiness," says Katz.



◀ ELF Mineral Face Cleanser, \$8, eyeslipsface.com

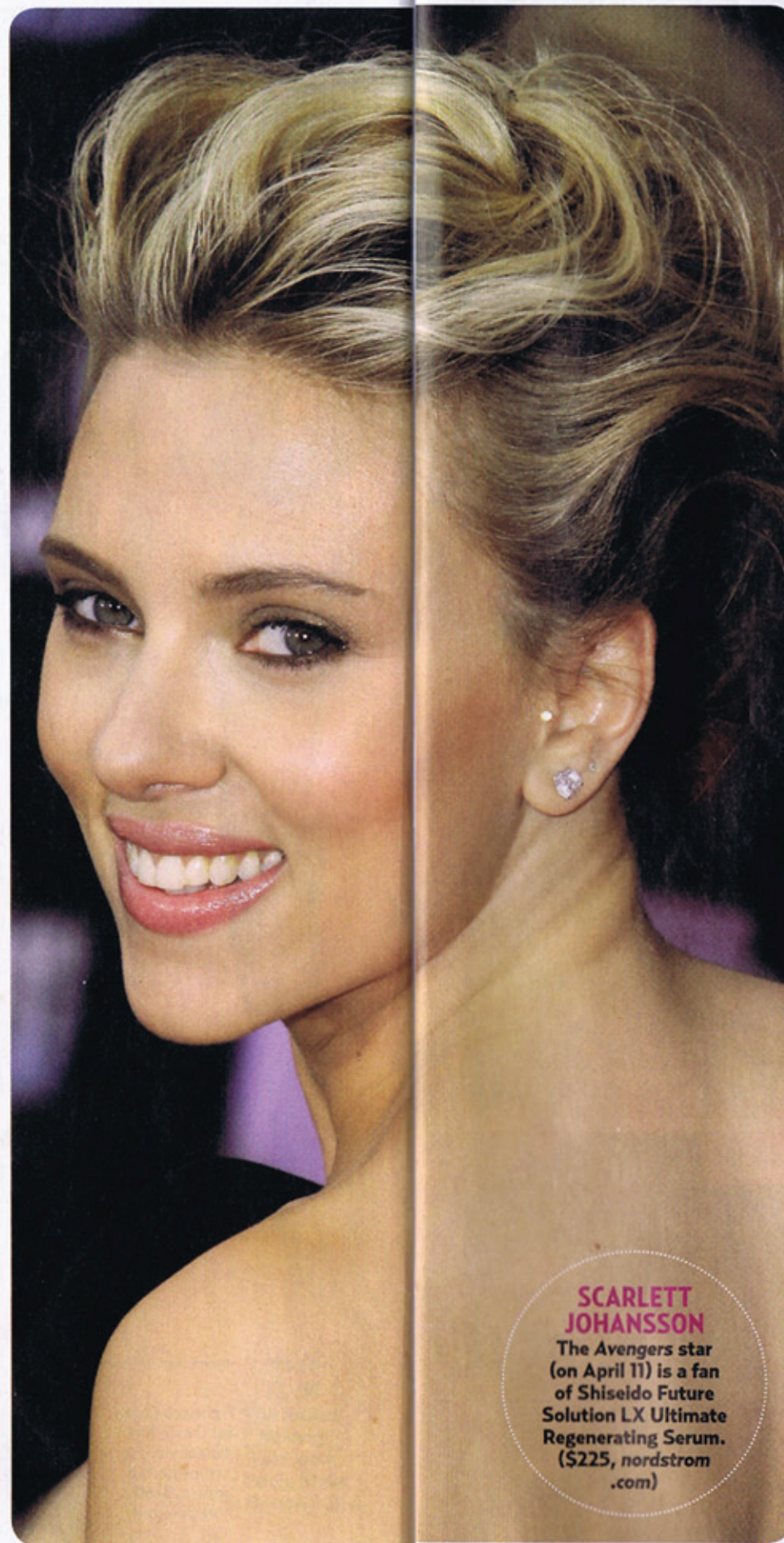


▶ Fresh Crème Ancienne Infusion toner, \$90, fresh.com



◀ MAC Prep + Prime Moisture Infusion serum, \$40, maccosmetics.com

Sue Devitt Microquatic Oxygen Infusion Masque, \$40, suedevittbeauty.com



SCARLETT JOHANSSON
The Avengers star (on April 11) is a fan of Shiseido Future Solution LX Ultimate Regenerating Serum. (\$225, nordstrom.com)

HYDRATE DRY SKIN

- 1. Cleanse with alpha hydroxy acids** A creamy AHA-filled formula boosts cell turnover to renew parched skin "but won't strip away moisture," says NYC's Dr. David Colbert, who works with Rachel Weisz.
- 2. Exfoliate with an organic gel** A gentle botanical-based buffer "sloughs flakes without altering skin's pH level," says Katz.
- 3. Apply a rich serum** Look for products that contain moisturizing phytochemicals and plant extracts, like Sesbania, which regenerate cells to plump wrinkles.
- 4. Layer on a moisturizer containing hyaluronic acid** "It attracts water to skin," explains Colbert.



◀ Murad AHA/BHA Exfoliating Cleanser, \$35, murad.com

◀ L'Occitane Angelica Exfoliating Gel, \$30, occitane.com



◀ Avon Anew Reversalist renewal serum, \$44, avon.com



▶ Physicians Formula Ultra-Hydrating Day & Night Cream, \$20, drugstore.com

BALANCE OILY SKIN

- 1. Ditch dirt with a foaming gel** "Wick away grease with a wash that won't overdry skin," says Colbert.
- 2. Scrub with microparticles** Exfoliating rids skin of dead cells that can stick to the surface, trapping oil and causing blackheads.
- 3. Tone with peptides** To keep pores clear, use a lightweight liquid fortified with collagen-building peptides instead of a serum, which can be too heavy.
- 4. Pat on a glycolic cream** "Oily skin lacks water, so it compensates by producing sebum," says Colbert. Glycolic acid helps hydrating ingredients penetrate deep into pores.



▶ Simple Refreshing Facial Wash Gel, \$7, soap.com



▶ Nip + Fab Scrub Fix, \$11, target.com



▶ Shiseido Benefiance NutriPerfect Pro-Fortifying Softener, \$58, shiseido.com



▶ Cane + Austin Retexturizing Moisture Cream, \$80, caneandaustin.com