

How Stars Get Their Emmy Glow

Prep time! Hollywood pros tell *U* how TV's finest achieve red carpet—ready skin

Face

✓ **Brighten up** Emmy nominee (for her guest spot on *Glee*) **Gwyneth Paltrow** gets a luminous complexion with Sonya Dakar's Flash Facial



Paltrow

(\$95), a one-minute exfoliating gel that sloughs away dull skin and delivers antioxidant-rich resveratrol.



▲ Paltrow also applies Sonya Dakar's Stem Cell Transformer antiaging cream daily. (\$195, sonyadakar.skinclic.com)

✓ **Refresh skin** **Julianna Margulies'** Emmy night makeup artist Kristofer Buckle suggests the *Good Wife* nominee use Crystalift, an at-home microdermabrasion machine that exfoliates to minimize the look of pores and create softer, younger-looking skin.



Margulies



▲ The Crystalift System, \$249, crystalift.com

✓ **Lift cheekbones** **Mildred Pierce** nominee **Kate Winslet** sees NYC facialist Tracie Martyn regularly for her signature Red Carpet Facial. The treatment combines enzyme exfoliation, oxygen and microcurrent to tighten the jawline and accentuate cheekbones, while boosting collagen for a face-lift effect.



Winslet



▲ Winslet slathers on Martyn's Resculpting Body Serum to firm her neck and jawline. (\$98, tracie.martyn.com)

TARAJI P. HENSON
The *Taken From Me* nominee gets complexion perfection with Kate Somerville facials.

Body

✓ **Plump up** Former nominee **Marcia Cross** of *Desperate Housewives* visits dermatologist David Colbert for his Triad treatment for hands. The combo of microdermabrasion, laser and chemical peel increases collagen.



Cross



Cross

✓ **Get golden** her sun-kissed glow, *Night Lights* nominee **Connie Britton** will stop by L.A.'s Ona Spa for the Ona Tan — an organic, customized airbrush treatment — the day before this year's Emmy Awards (Fox, September 18, 8 P.M.).



Britton

✓ **Plump up hands** Former nominee **Marcia Cross** of *Desperate Housewives* visits dermatologist David Colbert for his Triad treatment for hands. The combo of microdermabrasion, laser and chemical peel increases collagen.

✓ **Smooth skin** Modern *Family* nominee **Sofia Vergara** gets her sun-kissed glow, *Night Lights* nominee **Connie Britton** will stop by L.A.'s Ona Spa for the Ona Tan — an organic, customized airbrush treatment — the day before this year's Emmy Awards (Fox, September 18, 8 P.M.).



Vergara

LAST-MINUTE FLAW FIXERS

Celeb skincare guru Kate Somerville shares tips

- Got a blemish? Wrap an ice cube in a paper towel and apply to the pimple for a few minutes to reduce inflammation and redness.
- Depuff eyes by placing two green-tea bags steeped in hot water on each eye. The caffeine in the tea helps tighten tissue.
- To camouflage tan lines, try tanning towelettes, available at drugstores, which even skin tone without streaking.

CONNIE BRITTON
flaunted her flawless tan at last year's Emmys.