

From serums to mascaras, the Times' definitive list. By Prue White and Carolyn Asume

MASKS



- 1. Sisley Black Rose Cream Mask, £93** (sisley-paris.co.uk). A soothing mask that refreshes and smooths.
- 2. SkinCeuticals Clarifying Clay Masque, £52** (skinceuticals.co.uk). Non-drying zit zapper.
- 3. Aesop Purifying Facial Exfoliant Paste, £35** (aesop.com). An easy to wash off exfoliator that leaves skin squeaky clean.
- 4. Colbert MD Intensify Facial Discs, £52** (spacenk.com). Pre-moistened exfoliating discs.
- 5. NuBo White Diamond Ice-Glow Mask, £100** (nubo.com). An excellent ten-minute pick-me-up.

HAIRCARE



- 1. Kérastase Nutritive Masquintense, £27.50** (lookfantastic.com). For anyone with thick, chemically treated hair.
- 2. L'Oréal Professionnel Intense Repair, £13.99** (lookfantastic.com). Softer, glossier hair after one use.
- 3. Batiste Dry Shampoo, £4.99** (boots.com). Nothing beats Batiste if you skip a wash.
- 4. Aveda Shampure, £13.50** (aveda.co.uk). Can be used every day without build-up.
- 5. Shu Uemura Ultimate Remedy Shampoo, £24** (shuueamuraartofhair.com). A tonic for dry, damaged hair.

FOOTCARE



- 1. Elemis Instant Refreshing Gel, £30** (timetospa.co.uk). Perfect for tired legs and tense muscles.
- 2. Margaret Dabbs Intensive Foot Oil, £22** (spacenk.com). Effective relief from dehydrated, cracked skin and nails.
- 3. Susanne Kaufmann Warming Foot Cream, £32** (net-a-porter.com). Great after exercise.
- 4. Crabtree & Evelyn La Source Foot Remedy, £15** (crabtree-evelyn.co.uk). Soothes the roughest of feet.
- 5. Barielle Total Foot Care Cream, £16.95** (salonskincare.co.uk). Helps to eliminate calluses and cracks.

HAIR TOOLS



- 1. L'Oréal Professionnel Mythic Oil, £15.99** (lookfantastic.com). Nourishes without making hair feel oily.
- 2. John Frieda Frizz Ease Serum, £6.29** (boots.com). An unrivalled formula. Visibly transforms dry, frizzy hair.
- 3. Hershensons hairdryer, £110** (hershensons.com). Great for frizz-prone hair.
- 4. Kiehl's Creme with Silk Groom, £18** (kiehls.co.uk). A smoothing cream you'll find in every hairstylist's kit.
- 5. L'Oréal Professionnel Limited Edition Safari Chic Steampod, £150** (lookfantastic.com). Steam creates a smooth, high-gloss finish.

SUNCARE



- 1. The Organic Pharmacy Self Tan, £30.95** (theorganicpharmacy.com). A self-tan without that strong self-tan smell.
- 2. Lancôme Flash Bronzer, £24** (lancome.co.uk). Face gel that quickly develops an even glow. Idiot-proof.
- 3. Institut Esthederm Photo Reverse, £55** (feelunique.com). Good for pigmentation spots.
- 4. Nivea Sun Protect & Refresh Sun Lotion SPF30, £15** (boots.com). Affordable, water-resistant, non-sticky.
- 5. Sienna X Gradual Glowing Self Tan, £15.95** (sienna-x.co.uk). An easy-to-apply cream. Good colour.