

Beauty notebook by Kate Shapland

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The close-up The silver fox As white and silver hair becomes more of a trend, there are indications that make-up artists are creating chilly looks to work with it. One of the best new faces on the a/w 14 catwalks was the ice queen make-up Pat McGrath did for Valentino. McGrath used a flash of dove grey on the eyelids, and sometimes below the eyes, as a clean, soft way of enhancing them; this sat on a beautiful porcelain complexion and – in one case – as a complement to platinum-blond hair. Investigate silver and even shimmering white: they are wonderfully flattering for all eye colours. MAC Platinum Love Extra Dimension Eyeshadow is a beautiful bright, clean silver for all eye colours.

Beautiful bright, clean silver that lifts the entire face. £17, maccosmetics.co.uk. Barry M Kohl Silver Pencil is a liner that doubles up as shadow when smudged. £2.99, Superdrug (superdrug.com).



The novelty Colbert MD Intensify Facial Discs There is an argument that abrasive exfoliators can do more harm than good, especially when overused. I think they should be used only once a week. Enhancing skin smoothness and cell turnover with non-abrasive treatments can be a gentler option: Colbert MD has steeped its pads in naturally exfoliative lactic acid and bromelain (pineapple extract), and they are decidedly easier to use than scrubs. £52 for 20 discs, SpaceNK (spacenk.com).

Three of the best Lip crayons Chubby crayons make light work of lip colour and condition the lip too. Wild About Lip Pencil Duo (£14.50, space NK) offers a



extraordinary perfume – a real pudding-like confection, featuring notes of mandarin and orange, with peach and caramel accords, jasmine, orange blossom and cedar wood, milky sandalwood and woody amber. The designers worked with the perfumers Serge Majoulier and Cecile Matton to create it, and while sweet and distinctive, it has a very wearable softness and flow. Eau de parfum, £68 (50ml), Selfridges (selfridges.com).



JACOB LLOYD (3)



Ask Kate

My hair seems to get thinner with the years. Can its youthful volume ever be restored? Hair thins naturally with age, and credible trichologists and hairstylists will tell you that thickness can never be completely restored. Cleverly applied highlights can give an illusion of depth and fullness, and some hair products help to enhance youthful swish. Joico Stimulating Scalp Treatment for Natural or Chemically Treated Hair (£17.95, clinicscalp-joico.com) is an advanced new treatment that aims to create the optimal scalp environment for healthier, thicker-looking hair. Send your beauty conundrums to Kate Shapland via Twitter @KateShapland, using #askkate

