

HOLLYWOOD'S TOP DOCTORS

Edited by
Jeanie Pyun and Degen Pener

These 484 elite go-to physicians keep the entertainment industry's injuries and illnesses in check and at bay, whether from shoots gone wrong (**CHARLIZE THERON's** herniated disc), performance fatigue (**KISS' Paul Stanley's** vocal cords, **RINGO STARR's** drummer fingers), just plain accidents (talk to **CHRIS ALBRECHT**) or not-so-plain cancer. Not to mention the passage of time (the ultimate villain — ask a dermatologist)

Integrative Medicine

Morgan Freeman (left) with Dr. Soram Khalsa

Photographed by Smallz & Raskind on Sept. 8 at Khalsa Medical Clinic, Beverly Hills

Because his new patients don't always understand what integrative medicine is, Dr. Khalsa encourages them to view a video. In it, the 66-year-old turbaned and bewhiskered internist — he adopted Sikhism, a religion founded in 15th century Punjab, in 1971 after a bout with chronic fatigue syndrome led him to yoga for relief — explains how he combines traditional medical practices with acupuncture, homeopathy, herbs and vitamin therapies, particularly vitamin D. (Author of *The Vitamin D Revolution*, Khalsa says 90 percent of his new patients are D-deficient.) Between optimum health and cancer, he says, there exists a "gray zone" in which organs might not be clinically diseased but still can cause symptoms Western medicine can't detect or treat. "A lot of people's problems — fatigue, backaches, migraines — are not well treated with traditional modalities like narcotics," says the Yale-educated Khalsa, who was raised in Cincinnati, attended Case Western Reserve University School of Medicine in Cleveland, has been on staff at Cedars-Sinai for 30 years and is a clinical instructor at UCLA's David Geffen School of Medicine. Morgan Freeman and Judith Light are among his longtime devotees. Says Light: "I had just started *Who's the Boss?* and was exhausted. Dr. Khalsa is a brilliant diagnostician — he saw all of these things that have been lifelong problems. I attribute my energy and much of the longevity of my career to him." A 45-year-old producer with ulcerative colitis that was not responding to steroids and immunosuppressive drugs was put on a regimen of Chinese herbs and acupuncture. "Over the course of six months, we tapered from a very high steroid dose to none at all," Khalsa tells *THR*. "Some months later, his gastroenterologist did a colonoscopy and was shocked to see that there were no lesions in his colon." Pronounces Freeman: "Dr. Khalsa was referred to me by a close friend. I am very grateful for the referral." — MICHAEL WALKER

INDUSTRY FAVORITE



Allergy & Immunology

Sheldon Laurence Spector
California Allergy & Asthma Medical Group
11645 Wilshire Blvd.
Los Angeles 90025
310-966-9022
Also: UCLA Medical Center

Cancer/Oncology

David B. Agus
Keck Medicine of USC
9033 Wilshire Blvd.
Beverly Hills 90211
310-272-7640

M. William Audeh
Cedars-Sinai Samuel
Oschin Comprehensive
Cancer Institute
8700 Beverly Blvd.

discreet to discuss celebrity patients, grateful accolades slip out. During a recent hospital fundraising gala, Anne Hathaway choked back tears while describing how Karlan "helped a beloved friend of mine battle cancer ... together you kicked that cancer's ass." The physician's pioneering research into the BRCA gene began when she met Gilda Radner, whose name was lent to the Gilda Radner Hereditary Cancer Program after the actress-comedian died. Karlan also treated Angelina Jolie's mother, Marcheline Bertrand, and discovered that both of them had BRCA mutations.

Program, established in honor of his late wife, the famed music publicist. "Philomena is not only a brilliant doctor," says Lippin. "She also has amazing sensitivity."

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Santa Monica
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Consultants
2021 Santa Monica Blvd.
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Also: Saint John's

Przemyslaw W. Twardowski
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Robert A. Vesicio
Cedars-Sinai Samuel
Oschin Comprehensive
Cancer Institute

4 Other NYC Docs L.A. Loves

THR polled 800 industry insiders to find out which doctors they visit when they go bicoastal
By Ashley Mateo

David Colbert

► Dermatology

During Fashion Week, his schedule is full of celebs seeking his Triad facial, which combines microdermabrasion, laser toning and chemical peeling. "His facials bring my skin back to life, even with all the late nights," says Naomi Watts. (Christina Ricci and Sienna Miller also are repeat clients.) "I'm known for my light touch," says Dr. Colbert, who also developed a luxury skin-care line, Colbert M.D.