

HOME / BEAUTY / BEAUTY NEWS

WHERE VICTORIA'S SECRET ANGELS GO TO GET BUFFED PRE-SHOW



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Last night was the Victoria's Secret show, the annual parade of the world's most genetically blessed beings, who take to a glittering runway with next to nothing on. There were all the usual heroines – Lily Aldridge, Doutzen Kroes, Karlie Kloss – and it was even better than last year (didn't think that was possible, but it was).

It's always the same questions that go through your head when staring at these super beings. What do they eat? What do they drink? How many ab crunches do they do each day? What treatments do they swear by? And while we're pretty *au fait* with the first questions (they eat a VERY clean and lean diet and do more ab crunches than you'll do in a lifetime), it was the latter that had us guessing, the treatments. Though in all honesty, finding out that it's Dr. Colbert that the girls flock to pre-show, we really weren't that surprised,



Bookings for Dr. Colbert's Triad treatment rocket at this time of year, when the Angels are doing their last bits of body prep. This treatment was originally created as a facial, but most of the Angels get it done all over their bodies now, such is it's brilliance. Dr. Colbert combines microdermabrasion, laser toning and chemical peeling within it, so it's certainly not one for the faint-hearted, but boy do the results speak for themselves.



A rigorous routine using the Colbert MD skincare line follows this in the pursuit of that wonderfully glowy Angel skin. 'Dr Colbert's proper skincare and spot on nutritional advice is the successful model's secret to glowing skin. I wouldn't walk the runway without it,' says Adriana Lima, who reigned supreme at last night's show. Erin Heatherton swears by both the man and his stellar range. 'I always book in to see Dr Colbert before the show,' she says. 'I can't live without the Colbert MD skincare line – it makes your skin glow.'

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