

# PRESCRIPTION FOR PERFECTION

Designed to deliver clinical results at home, skincare created by some of the world's top dermatologists and skin specialists continues to go from strength to strength – not just in terms of sales but in levels of active ingredients, too. Choose your super six from our list of recommendations for a beauty regime that comes without a prescription but with doctor's orders

## Rejuvenating Serums



**Colbert MD Stimulate: The Serum**, £115, from Space NK

**Murad**  
Age-Diffusing Serum

**Murad Resurgence Age-Diffusing Serum**, £64, from M&S Beauty

**Environ Ionzyme C-Quence4**, £79.99

## Effortless Exfoliants



**Goldfaden MD Doctor's Scrub**, £65, from Space NK

**Colbert MD Intensify: Facial Discs**, £52, from Space NK

**Perricone Blue Plasma**, £78; visit [perriconemd.co.uk](http://perriconemd.co.uk)

## Healing Night Creams



**Dr Nick Lowe The Secret Is Out Lift & Repair Night Cream**, £31

**Dr Andrew Weil for Origins Night Health Bedtime Face Cream**, £48

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Soin de nuit pour le visage  
net wt./poids net 1.7 oz./50 ml e

**RéVive Moisture Renewal Cream Supreme**, £125, from Space NK

## Protective Day Creams



**Dr LeWinn's Ultra R4 Restorative Cream**, £46; visit [drlewinns.co.uk](http://drlewinns.co.uk)

**Dr Bragi Age Management Moisturiser**, £120, from [feelunique.com](http://feelunique.com)

**Dr Dennis Gross Hydra-Pure Intense Moisture Cream**, £76.40, from [feelunique.com](http://feelunique.com)

## Clearing Cleansers



**Dr Sebagh Foaming Cleanser**, £25.20; visit [drsebagh.com](http://drsebagh.com)

**Zelens Radiance Luminous Facial Cleanser**, £40, from Selfridges

**Dr Brandt Pores No More Vacuum Cleaner**, £39, from [cultbeauty.co.uk](http://cultbeauty.co.uk)

## Soothing Oils



**Environ Hydrating Oil Capsules**, £48.99

**Colbert MD Illumino: Face Oil**, £100

**Dr Sebagh Rose de Vie Serum Délicat**, £116