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06 August 2014 by Tor Cardona

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Super Derms At Your Service! Hollywood's Hottest Dermatologists Reveal The Secrets To An A-List Complexion



YOU WANT: TO LOOK 5 YEARS YOUNGER

© @colbert_md

You need: Dr Colbert

Clients: A myriad of supermodels including Rosie Huntington Whitely, Candice Swanepoel and Heidi Klum.

Special Skills: Sought after for his Triad Facial, a 3-step combination of dermabrasion, toning and light acid peeling that gives skin a dewy glow, he's also an advocate of PRP (aka The Vampire Facial), in which the patient's blood is spun to release youth-boosting platelets that are re-injected into the skin to plump and refresh.

What's the drill? The Colbert MD line is designed to work with the skin's own biorhythms- his secret is to apply Illumino Face Oil, £100, before your face cream.

Top anti-ageing tip: "Don't aim for wrinkle-free skin- looking fresh is what it's all about now. My anti-ageing philosophy is a holistic one: eat well, exercise and stay out of the sun. As for procedures: avoid going heavy on filler and opt for lasers combined with simple skincare that elegantly shaves off the years."

Celebrities tweet about them and supermodels are Instagrammed hanging out with them... we're talking Hollywood's Super Derms- an elite crop of dermatologists who tend to the A-list's every skin whim. Because, believe it or not, Hollywood stars are actually just like us- prone to flaky skin, dry lines and breakouts- even our fave A-listers need some skin SOS from time to time.

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