



#ASK Alex

Insider advice from our Beauty Director, **Alessandra Steinherr**.

This month: how to look like a Victoria's Secret model (well, have their glowy skin and gorgeous make-up, anyway)

THE SKIN

NYC-based Dr David Colbert (below) is the go-to derm for the Victoria's Secret Angels. "The secret to great skin is maintenance. The VS girls have The Triad Facial monthly in my clinic," he says, adding, "Candice [Swanepoel, above] grew up in South Africa and has always been careful in the sun. It shows, as her skin is flawless and she doesn't seem to age." If a trip to NYC is out of the question, try his **Tone Control Facial Discs** £65 Colbert MD and **Heal & Soothe Night** £120 Colbert MD. The product Candice swears by?



Illumino Body Oil £90 Colbert MD (above).



Victoria's Secret model Josephine Skriver

THE MAKE-UP

"The VS look is not about heavy glamour," says make-up pro Dick Page. "And I truly believe the less you do, the more beautiful you look."

● "I start with lipstick on the apple of the cheeks – I use a colour by Ben Nye called **Cherry Cola** [£11.22 treasurehouseofmakeup.co.uk]."

● "This look is not about an all-over base – I just spot-apply foundation with a domed fluffy brush to the areas of skin that need dealing with: redness around the nose, under eyes, corners of the mouth and spots, if there are any."

● "There is no contouring here. I get the same sculpting effect with highlighter – it looks much fresher."

● "On eyes, I blend a soft taupe, **Shimmering Cream Eye Color in Sable** [£21.50 Shiseido], all over the lid and a bit underneath. Then I take a coffee-brown shadow and use it like a liner, sketching it from the outside in, so you get no gap between the lashline and lids."

● "I don't use false lashes, just tons of **Great Lash Mascara** (below)."

● "On lips, I apply a bright pink shimmer gloss as a base stain and layer it with a pure beige. The pink lifts the beige and makes it a wearable sexy nude."

ALEX'S CHEAT SHEET

3 steps to a supermodel face

● To get ultra-glowy skin, I mix a pump of **Capture The Light in Latte Light** £29.95 vitaliberata.co.uk into my foundation – it warms up my skin and gives it that sunlit gleam.

● My secret to a poutier lip is to apply **Sugar Nude Tinted Lip Treatment** £18 Fresh first and then line the outer edges of my lips with **Lip Cheat in Pillowtalk** £16 charlottetilbury.com

● I swear by blush – it makes anyone look prettier in a second. I love **Creme Puff Blush in Nude Mauve** £8.99 Max Factor – it's so sheer and subtle, and makes skin look perfect.

Great Lash Mascara £4.99 Maybelline New York

