



### Start Fracking Your Forehead

• Instant Fix does exactly what it claims to do: turn shiny skin matte in reflective regions like your forehead and nose. Keep it in your desk drawer. When you catch your forehead—or even your bald head—glinting in the mirror, reach for it.

Anthony Instant Fix Oil Control | \$28  
anthony.com

### Chug Beer. Stay Young. For Real.

• Next time you crack open an IPA, tell wifey you're doing it for your future together. IPAs are loaded with silicon, which means one or two of them will help keep your skin higher and tighter. (Then she'll probably crack one open, too.)

Lagunitas IPA  
\$9 for a six-pack  
lagunitas.com



### Break Through Those Breakouts

• "An occasional zit can be caused by genes, sweat, even dairy and sugar. When you break out, try an oil-free 2 percent salicylic-acid spot treatment by Neutrogena. It

works overnight. If the zit is really deep, head to your dermatologist for a prescription or a quick-fix shot of cortisone."  
—N.Y.C. DERMATOLOGIST  
SAPNA WESTLEY

Neutrogena Rapid Clear Spot Gel | \$8  
neutrogena.com



### Take Out a 401(k) on Your Face

• Dropping a C-note on serum? Damn right. Start using it in your twenties or thirties for Dorian Gray-like effects down the road. This stuff helps prevent wrinkles and clear up dark patches, and it made us look like we got five more hours of sleep than we actually did.

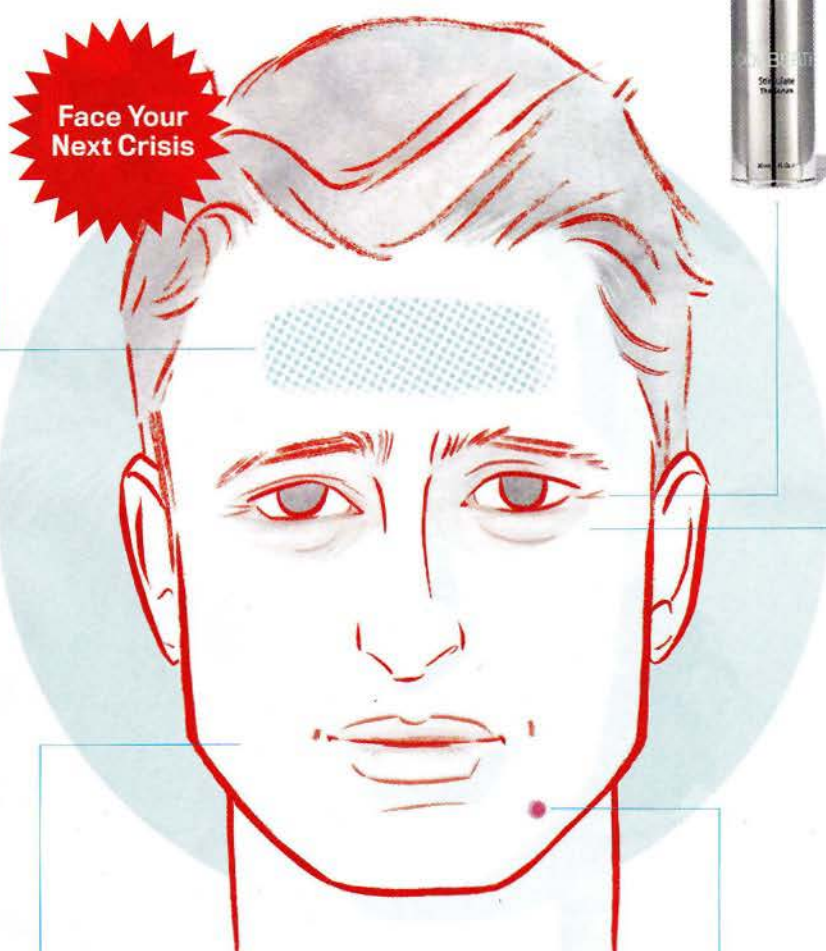
Colbert M.D. Stimulate: The Serum | \$140  
colbertmd.com



### Sober Up Your Hangover Eyes

• Here's what you do: You get a minuscule dollop of this stuff on each ring finger, and then you gently pat around your eyes. Doing this feels *dainty*, *weird*, kind of girly. But when you're done, you can literally feel your skin tightening up. The bags under your eyes deflate. You look younger instantly—and will look younger later, too, without deeper bags and crow's-feet.

Circuit Cosmeceuticals  
I. Cee U.+ Gel | \$120  
circuitskin.com



Face Your Next Crisis

### Don't Laugh at the Man in the Mask



→ Every Sunday night, I indulge in three things: *Homeland*, Thai takeout, and a face mask. Actually, a lava-mud face masque from Kyoku, which sounds even more ridiculous as I type it out. Still, it's the most relaxing part of my week. It's bizarre the first time, when you look in the mirror and Heath Ledger's Joker is staring back. But after a minute or so, the thick mud dives deep and your skin starts buzzing—a sensation I can only assume is dirt being sucked out of my pores. Ever since I've started using it, blackheads have been less frequent, my blotchiness has chilled out, and bumps have been nonexistent. The only stressful part of the night is remembering to hose down my face before the delivery guy rings.—A.R.

Kyoku for Men Lava Masque | \$22.50 | kyukufor.com