

WHETHER you're at the dermatologist, in a spa or simply browsing on the high street you are likely to come across one of the high-tech skincare ranges that have been created by the world's leading dermatologists.

Known as the "Super Dermas" these elite skin-aging experts have created ranges using the latest cutting-edge ingredients and technology. Here are the 10 names you need to know.

Dr HAROLD LANCER

Loved by: **Victoria Beckham and Kim Kardashian**

Based in Los Angeles and Hollywood's favourite go-to dermatologist Dr Lancer specialises in perfecting the texture of the skin and refining pore size.

He believes diet is key to great skin and says eating less sugar will boost radiance.

He recently launched a skincare collection in the UK which focuses on polishing, cleansing and nourishing the complexion.

Try: Lancer Lift Serum Intense, £230 (harrods.co.uk), a superstar for the skin which contains



In her weekly column **LESLEY REYNOLDS** brings you the latest anti-ageing and wellbeing news

Dr DENNIS GROSS

Loved by: **Olivia Palermo**

Based in Manhattan and known for his gentle approach Dr Gross developed his eponymous

Dr DAVID COLBERT

Loved

by:

Paula

Patton

and

Michelle

Williams

and

many

others

including

Dr

David

Colbert

and

many

others

including

Dr

David

Colbert

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Dr DAVID COLBERT

Loved by: **Angelina Jolie and Rosie Huntington-Whiteley**

Founder of the New York Dermatology Clinic, Dr Colbert is best known for The Triad Facial, an intense 30-minute treatment which combines exfoliation, lasers and a chemical peel.

He launched his skincare range earlier this year. It works by gradually releasing active nutrients into the skin.

Dr Colbert believes the key to a good complexion is not about aiming for wrinkle-free skin but to look fresh and radiant.

Try: Colbert MD Intensify Facial Discs, £52 (uk.spaceuk.com) which mimic the exfoliation process of the famous Triad facial to give instant luminosity.

beauty devices with hardworking skincare products.

Try: The Accelerator Ultra Ultrasonic Toning Device, £175 (harrods.com) which uses high frequency ultrasonic energy and can be used at home to lift and firm facial muscles.

Dr NICK LOWE

Loved by: **Tom Ford**

British dermatologist Dr Lowe has been at the cutting edge of skin treatments and technology

for over 20 years. He is passionate about skincare and believes skin ageing is reversible.

He developed his skincare range five years ago and uses powerful cosmetic ingredients and plant stem cells to revitalise the skin's regenerating system.

Try: Dr Levy Eye Booster Concentrate, £165 (harleystreetclinic.com), which tackles crow's feet and fine lines.

Dr PAULINE HILL

Loved by: **Senna Miller**

One of the UK's top organic skincare experts Dr Hill believes in using high-tech natural and organic formulations to keep skin in optimum health.

She developed her Nourish range two years ago using plant extracts and superfoods to

(relena.com), which contains 22 oils chosen by Dr Lens for their unique properties. The lightweight formula reinforces the skin's natural barrier and boosts moisture levels.

Dr PHILLIP LEVY

Loved by: **Amanda Holden**

Geneva-based Dr Levy has championed innovative anti-ageing procedures for more than 20 years and heads one of Europe's most prestigious private clinics.

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Picture: GETTY

Dr JEAN-LOUIS SEBAGH

Loved by: **Cindy Crawford**

French cosmetic surgeon Dr Sebagh began his career more than 25 years ago.

His expertise earned him the nickname King of Botox and he has clinics in London and Paris.

He has combined his expertise and technical knowledge to create his own anti-ageing skincare range.

He works with a team of French chemists and each product in the range targets a specific skincare concern while helping to slow the ageing process.

He uses high concentrations of the most effective ingredients to create targeted skincare products. **Try:** Serum Repair, £60 (desebagh.com) a skin-plumping treatment which helps boost collagen levels to leave skin deeply hydrated.

For advice about cosmetic surgery and treatments consult your GP. For more of Lesley's tips see lesleymeynolds.com



CREATIVE PROCESS: Skin-aging experts are producing new ranges

correct and improve the condition of the skin. **Try:** Nourish Kale Enzymatic Exfoliating Cleanser, £16.50 (debenhams.com available from later this month). This is a multi-tasking product which works as a cleanser and mask.

Dr AAMER KHAN

Loved by: **Patsy Kensit and Stephanie Beacham**

My husband Dr Aamer Khan is one of UK's leading experts in

cosmetic and non-surgical procedures and treats many famous faces. We run Harley Street Skin Clinic together and launched our own skincare line five years ago.

Dr Khan pioneered the use of stem cells in anti-ageing procedures and was one of the first to turn the technology using plant-derived stem cells into a skincare range. **Try:** Stemcellulation Anti-Ageing Serum, £50 (harleystreetskin

DAILY EXPRESS **only £99.99** (was £129.99)