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TEXTILES

Out and About in Manhattan

By ROSEMARY FEITELBERG

SUMMERING IN the city doesn't have to mean spending hours in air-conditioned captivity. From the Hudson River to the New York Botanical Garden, there are a bundle of events and outings in and around Manhattan this month that will offer a break and a blast of fresh air from the trade-show circuit. Here, a sampling of cultural, recreational and energyboosting indulgences.





July 24 - 26, 2

Javits Convention

New York, NY

New York's

focused on the production

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Art Matters

Relax, Refresh, Reboot

In the Metropolitan Museum of Art's rooftop garden, visitors can catch Argentinean artist Tomás Saraceno's 'Cloud Cities/Air Port City," a futuristic constellation of mirrored modules.

A few floors below, museumgoers can pass through Ellsworth Kelly's seldomseen botanical prints. Just a couple of blocks north, Rineke Dijkstra's beach portraits and other photos and videos are on display at the Guggenheim Museum. The Dutch artist will be at the museum July 17 to talk shop. In the Frank Lloyd Wright-designed rotunda, patrons can

In honor of Bastille Day, the Guerlain

Spa at the Waldorf-Astoria Hotel is of-

fering French manicures, a Tour de

France sports massage and an Orchidée

Impériale facial. Relief from the heat

can be found at the TriBeCa Spa of

Tranquility, where cryotherapy mas-

sage aims to increase blood flow and

loosen the kinks. A few blocks away, the

newly opened Aire Ancient Baths offer

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listen to music from Earle Brown, John Cage and other Fifties composers while viewing works from the likes of Louise Bourgeois, Alexander Calder, Jackson Pollock and more in "Art of Another Kind: International Abstraction and the Guggenheim, 1949-1960."

Fans of the Austrian artist Heinrich Kuehn can find shows of his work at the

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opens a July 31. in the Pa line out or at re the city, ets to se Woods." is set fo Botanica of Baude



waters. Many visitors opt for a long soak listening to the underwater sound system or combine their water treatment with a four-handed massage.

Skin care guru David Colbert is giving boosts of vitamin C via the Triad facial that combines a microderm scrub, peel and laser toning. Another specialist, Adam Kolker, customizes facials with an array of masks and peels in his Upper East Side enclave. Those looking for a swifter summer pick-me-up should make their way to Sharon Dorram Color at Sally Hershberger. Seven minutes is all makeup-artist-turned-brow-expert Robyn Cosio needs to create model-worthy eyebrows. Having handled backstage makeup for Donna Karan and Calvin Klein, Cosio sends each client home with a photo so they can do their own upkeep. The bicoastal Cosio, whose celebrity clients included Kate Bosworth and Nicole Kidman, will be in New York from July 16 to 20. Cosio said, "It's instant gratification or, as my book publisher said, 'A five minute facelift."

Visitors plunge into thermal baths at Aire Ancient Baths in TriBeCa.

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102-degree long soak und system ent with a

bert is give Triad faerm scrub. er specialfacials with his Upper oking for a hould make n Color at nutes is all ert Robyn worthy eyege makeup lein, Cosio a photo so The bicoastts included nan, will be Cosio said, as my book acelift."

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Orchard hite's piz-160 Second cious at 249

nomemade ice cream can be had at Je & Jo in Hell's Kitchen or via the company's roaming tricycle vendors. Owners Jennifer Welser and Jonathan Baker zest the lemon, scrape the vanilla beans, crush the lavender and

all the rest for each of their organic cookie dough flavors. All Je & Jo baked goods are made on the premises, as is the Grumpy coffee, but most customers lean toward the higher caloric. "Our morning muffin is the healthiest make, but no one wants that," Welser said.

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Relax, Refresh, Reboot In honor of Bastille Day, the Guerlain Spa at the Waldorf-Astoria Hotel is offering French manicures, a Tour de France sports massage and an Orchidée Impériale facial. Relief from the heat can be found at the TriBeCa Spa of Tranquility, where cryotherapy massage aims to increase blood flow and loosen the kinks. A few blocks away, the newly opened Aire Ancient Baths offer



Revelers at Cheryl, a popular electro and disco dance party with Brooklynites, will want to see "Cheryl: On the Waterfront," July 15. The group's first outdoor party will be held at Pier 16 as part of the River to River Festival.