



# BEST CELEBRITY BEAUTY SECRETS

*What can you learn from Angelina, Gwyneth, and Lupita? Makeup, hair, and skin pros reveal the techniques they rely on to create stunning red-carpet looks. By Nicole Catanese*

## MA SKIN SAVERS

**TRY A HIGH-TECH FACIAL** To energize her complexion in the weeks leading up to awards season, Naomi Watts heads to New York dermatologist David Colbert for his signature Triad facial (\$800), a three-step microdermabrasion-laser toning-peel treatment. For Gwyneth Paltrow, "we work on lifting and tightening," says Los Angeles-based skin guru Sonya Dakar, who treats the actress's skin with her cell-regenerating Age Control Apple Stem Cell Facial (\$450) and 15 minutes of LED red light (\$800) to stimulate collagen growth pre-red carpet. Next, she applies the Total Lift treatment (\$500), a combination of radio frequency and pulsed magnetic field therapies, to "sculpt and contour." There's no downtime, says Dakar, so "she can immediately get her makeup done."

**EXFOLIATE, EXFOLIATE, EXFOLIATE** Erase sun damage and post-blemish marks for good with an exfoliator like glycolic, lactic, or salicylic acid, which helps dissolve dead cells on the skin. To get ready for the red carpet, Watts uses Colbert M.D.'s Intensify Facial Discs (\$64 for 20), which are loaded with pineapple enzymes as well as skin-plumping glucosamine. On Paltrow, Dakar applies her green-apple-placed NutraSphere Nano Peel (\$155), then gently smooths skin with her Diamond Peel treatment (\$350). It makes your face "feel like a baby's bottom," says Dakar.

Roszak uses the brand's Advanced Hairstyle Boost It Volume Inject Mousse (\$4.99) before curling small sections.

**COMMIT TO A WEEKLY HAIR MASK** A mask is a must between touch-ups, says colorist Lorri Goddard, who works with Kate Hudson. Goddard's pick: Shu Uemura Ultimate Remedy Treatment (\$68). To restore radiance, colorist Gina Gilbert recommends a monthly clear or tinted gloss for her clients, including Julianne Moore. "Red hair fades easily, so a gloss keeps it vibrant," says Gilbert. Try John Frieda Colour Refreshing Gloss (\$11.99).

**GET AN EXPERT TO COVER YOUR GRAY** Rita Wilson's colorist, Redken creative consultant Tracey Cunningham, says that a lighter base color with gradual highlights is the best low-maintenance way to conceal grays. Colorist Sharon Dorram says she keeps Christie Brinkley's trademark blonde bright by diffusing her "sparklers" with "baby blonde highlights close to her part and hairline."

**GROW OUT HAIR WITH STRATEGIC HIGHLIGHTS** To transition Jennifer Lawrence's color from crop to bob, Goddard left the actress's natural dark blonde at the roots but lightened the ends. "Short hair needs stronger pieces around the face that fade out," she says. Cunningham keeps Charlize Theron's short baby blonde from "looking spotty" by placing foils all over, followed by a glaze, then a balayage of random strands "to make it look natural."