

Get Flawless Skin at Every Age Best T

Key issues: extreme dryness, wrinkles, sagging (ugh!), and loss of radiance



ATHOME

GILBERT GARRIGUE/WIREIMAGE.CO PHILIP FRIEDMAN/STUDIO D; YLVA E

COMPENSATE FOR DECLINING **ESTROGEN LEVELS, which drastically** reduce skin's production of oil, leaving skin itchy and flaking. Combat dryness with occlusive moisturizers like shea butter or petrolatum. Try Elizabeth Arden Eight Hour Cream Skin Protectant (\$17). Restore the skin's protective barrier with ceramides and hyaluronic acid. Try Clarins HydraQuench Cream (\$48).

DO AT-HOME PEELS to impart radiance and smooth fine lines. Try Estée Lauder Perfectionist Peel (\$85).

GIVE GROWTH-FACTOR-BASED CREAMS A TRY. They may heat up collagen production and are less

irritating than vitamin C and retinol, says dermatologist David Colbert. Try RéVive Intensité Volumizing Serum (\$600).

PROCARE

REDUCE JOWLINESS with carefully placed Botox injections right where the neck meets the jaw.

GET LASTING RESULTS FROM

SCULPTRA, an injectable derived from lactic acid (\$800-\$1,800 per treatment). It replaces volume by creating a framework for new collagen. A local or topical anesthetic may be required, and bruising and swelling can remain up to a week. Results take a few months to show up but can last two to three years.

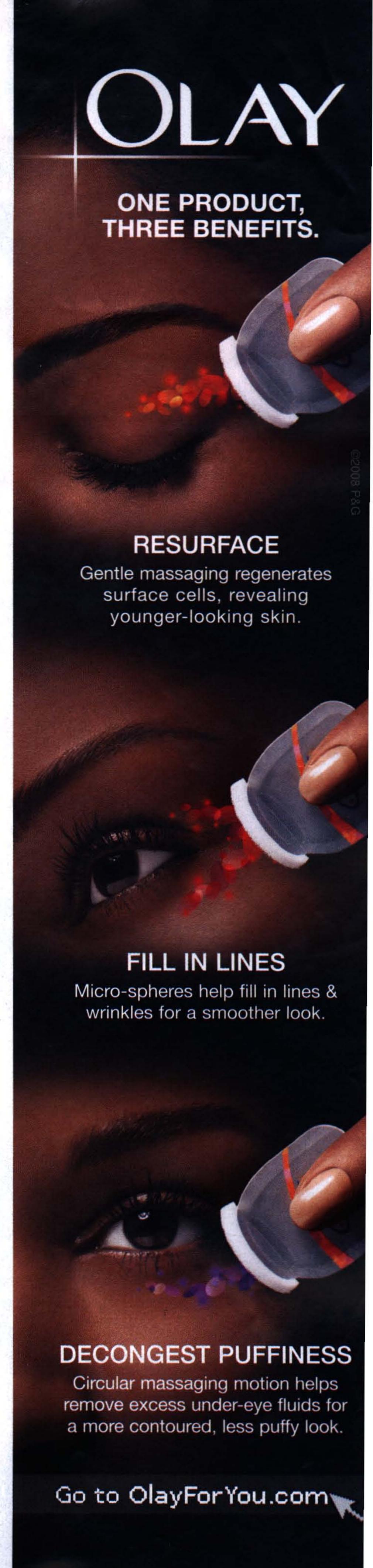
SMOOTH YOUR SKIN WITHOUT

DOWNTIME with the Titan nonablative device. This nearly painless treatment creates tauter, smoother-looking skin. One to three sessions (\$800-\$1,200 each) are usually needed, and those with advanced skin damage may not see dramatic results.

TRY A NEW TREATMENT LIKE

ALUMA, which uses radio-frequency energy to stimulate collagen and elastin. Warning: It's somewhat controversial among derms because it's hard to gauge whether it will work and, if so, how dramatically. Four to five sessions are required at up to \$2,500 each. >







La Prairie Light

Brightening Eye

Treatment (\$60)

Bio-Lift

(\$65)

Redpoint

Line Filling

Optic

Effects

Lipliner

(\$18)

Concealer

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Concealing &

Fantastic Cellular

its best now!

There are makeup tricks every woman needs to know. Here, the pros reveal their favorites.

Skin prep: "Primer is essential for helping makeup go on smoothly so it looks more natural and doesn't sink into lines and wrinkles," says makeup artist Napoleon Perdis. "I really like Per-fékt Skin Perfection Gel [\$57.50]," says makeup artist Darac, the founder of Darac Beauty. "It reduces redness, softens imperfections, and shrinks enlarged pores." Makeup artist Ramy Gafni recommends Dr. Brandt Liquid Skin (\$70) to "create a veil over your complexion like a second skin."

Power base: Foundations with lifting and firming ingredients plus light diffusers can give the impression of complexion perfection. New York City makeup artist Carmindy is a fan of La Mer the Treatment Crème

Foundation SPF 15 (\$85). "It goes on like a dream and makes every complexion look immaculate, luminous, and better rested," she says. Napoleon Perdis Light Diffusing Makeup (\$42) uses lightdiffusing particles to help blur flaws while treating and protecting the skin with antioxidants. "Avoid applying foundation to the forehead," Perdis says. "It will settle into lines and wrinkles and instantly age you."

Fantastic Cellular Concealing & Brightening Eye Treatment [\$60] is a great cover-up that brightens and hydrates skin while helping to reduce puffiness," says Lily Garfield, owner of the Cos Bar beauty boutiques. Perdis favors Chantecaille Bio-Lift Concealer (\$65), formulated with a hexapeptide, an ingredient said to help relax existing Chantecaille lines and prevent new ones.

> Powder lite: "Conventional powders settle into lines, clump, and streak, which can add years to your face," Darac says. Darac Beauty Sifted Blur (\$34.50) glides over creases and contains sodium hyaluronate, to help attract and retain moisture, and optic pearls, which disperse light and soften the appearance of flaws. "I'm obsessed with M.A.C. Blot Powder [\$20] in Medium," Carmindy says.

> Lip trick: Redpoint's Optic Effects Line Filling pencil (\$18) contains jojoba oil, which adds moisture to create a plumper

pout, plus light diffusers to blur the appearance of indentations. Guerlain KissKiss Liplift (\$27) incorporates microbeads to smooth lips and boost volume.

Bottled light: "Dotting Benefit High Beam [\$24] high on the cheekbones gives skin a luminous glow and makes the face appear more lifted," says Gafni, who is introducing Ramy Pure Juice Pearl Gloss (\$28), his own highlighter, this spring.

