

# Beauty Buzz

Jane Larkworthy discovers the many upsides of dealing with the winter blues.

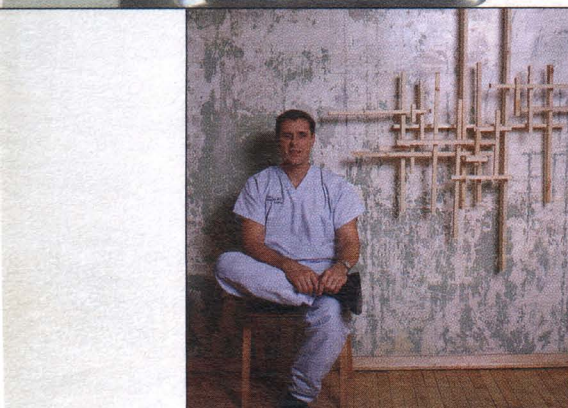


Three examples of the new cool blue

**Beyond the Sea** Despite the nature-girl look that's pervading the runways, makeup companies continue their push for color. This spring the everywhere shade is ocean blue—not quite sky, not quite turquoise, but someplace in between. Yves Saint Laurent's Fard Éclat Water-Resistant Eye Shadow in Oasis Blue, Dior's Eyeliner Pencil in Pacific Blue and Shiseido's Hydro-Powder Eye Shadow in Aqua Shimmer are gorgeous and blendable—and won't make you look like Dame Edna.

**Mountain Do** If you think about it, skiing and spas make the perfect pair—one results in pain, the other relieves it. Remède skincare recently opened its first spa at the St. Regis Aspen. Its Hematite and Basalt Stone Massage is the ideal antidote to a day of hitting the bumps, while the Super Oxygen Skin Booster de-stresses high-altitude complexions (888.454.9005). Altitude is also addressed in the mountains of New Mexico, where El Monte Sagrado Living Resort & Spa offers the Taos Altitude Adjustment Treatment in its Winter Lift package. This preski treat starts with a special blend of herbal teas aimed at helping clients adjust to thin air, followed by deep breathing, acupressure and massage. Massage *before* skiing—well, that makes sense too (800.828.8267).

The St. Regis Aspen, right, home to the Remède Spa



**Needle Work** Acupuncture facials may be all the rage, but New York dermatologist David Colbert is taking the therapy one step further. His new Aculume Facial Rejuvenation procedure starts off with a nonablative laser treatment to stimulate collagen production, followed by a facial with acupuncture needles and an intense acupressure massage, which energizes muscles and deep tissue. "It won't entirely make deep wrinkles go away," says Mary Joo, the ace acupuncturist at Colbert's New York Dermatology Group. But Joo says the one-hour procedure will "relax and soften deep lines, and it can erase the fine lines." Who says Botox is the only needle that smooths things out?

Left: Dermatologist David Colbert; his new acupuncture facial, right



**Highly Explosive** Flowerbomb wasn't going to be subtle—of that much we could be fairly certain. But what the first perfume from audacious Dutch duo Viktor & Rolf would actually smell like was anyone's guess. "We came up with the name before we created the fragrance," admits Viktor Horsting. Well, the scent is finally out, and we're happy to report that the moniker absolutely fits. Flowerbomb is a powerful burst of rose, freesia, orchid, orange and jasmine sambac, with an undercurrent of patchouli. While the designers say that a men's scent is already in the works, they refuse to reveal its name. Male Bomb, perhaps?

Left: Flowerbomb; a look from Viktor & Rolf's spring 2005 show, right



**Palatial Pampering** In a city that's home to the \$1 million studio apartment and the \$800 haircut, Cornelia Zicu, New York facialist extraordinaire, need not explain the \$500 price tag for her most customized facial at her new spa, Cornelia Day Resort. The two-story Fifth Avenue space boasts such luxuries as a roof deck for outdoor massages, fully loaded iPods, comfy loungewear and treatment rooms pumped with Romanian salt-infused air. Says Zicu, the petite powerhouse running the show, "I want people to really be able to relax when they come to Cornelia. It's all about the journey, not just the appointment." With 20,000 square feet in which to roam, it's a journey indeed.

From far left: A glimpse inside the Cornelia Day Resort; owner Cornelia Zicu