

THE CLEAR WINNER

Dry skin isn't immune to breakouts. Flakes that tend to sit on top of this type of skin can add pimple-forming matter to pores, says Jody A. Levine, M.D., a dermatologist in NYC. Use a soap-free exfoliant such as Peter Thomas Roth Blemish Buffering Beads, \$36, every two to three days.

^A flawless skin

have it today At-home peel pads dissolve pore-clogging dead skin cells. Rub one onto skin, then spot-treat pimples with a benzoyl peroxide gel to zap bacteria, says David Colbert, M.D., a dermatologist in New York City. Using a pointy brush, dot on concealer; solids such as Maybelline Cover Stick, \$6, offer the most coverage.

keep it forever Spot-treating works in a pinch, but preventing acne means attending to the entire face every day. Melt away dead cells and oil with a salicylic or glycolic acid cleanser (try Desert Essence Pomegranate Facial Cleansing Gel, \$15). Follow with an antiacne lotion made with sulfur, such as PCA Skin Clearskin, \$27.

a smooth, even-toned décolletage

have it today Brighten skin and plump up fine lines with a mini chest facial. Slough off dull skin with a scrub (a good one: Bioré Pore Minimizing Microderm Exfoliator, \$13) for up to five minutes to dissolve remaining dead skin cells, Dr. Colbert says. Next, apply a toner with glycolic acid (try DDF Glycolic Toner 10%, \$32). Finally, apply a moisturizing mask (such as Decléor Divine Regenerating Mask, \$75) for 10 minutes. If needed, apply tinted moisturizer to even skin tone.

keep it forever Sunscreen is the only way to prevent long-term damage. Wear it daily and treat your chest with the same products you use on your face. Need to turn back the clock? "Use a prescription-strength retinoid for lines or 4 percent hydroquinone lotion for spots," Dr. Bank says. Be patient: Results can take as long as six months to appear.

full, healthy strands

have it today Bend over and dry damp hair on high heat, then switch on your dryer's cool-shot button for 60 seconds. "Heat molds hair, but cold air acts like hairspray, keeping it in place," says Kristina Barricelli of Gemini Salon in NYC. Stand up and fluff hair into place, then mist it with an aerosol shine spray such as Strong Sexy Hair Shine Spray, \$24. "Silicones rid hair of friction, adding more bounce," Barricelli says.

keep it forever Shampoo breaks up only 50 percent of heavy, dulling buildup, says Michael Christopher Hemphill, a salon owner in Wilmington, Delaware. Once a week, massage a scalp scrub (such as Bain de Terre Sugar & Fig, \$18) into damp roots. Comb while rinsing to remove grit.

GET A LIFT

Teasing with a comb is so '80s and severe. For a more natural look, hold a 2-inch-wide rectangular brush (try Umberto Beverly Hills Banana Brush, \$10) perpendicular to your part. Press it into the scalp and run it back and forth to create body. Jacket, Costume National

Styling, Robin Page; hair, Kevin Woon for Woon Salon; makeup, Nikki Uberti for Christian Dior Cosmetics; prop styling, Sonia Niki. See Get-It Guide.



For smooth legs, angle No!No! at 90 degrees to zap away stubble.

What the heck is it?

The No!No! fuzz buster

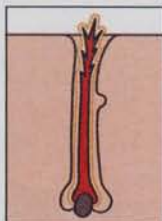
This do-it-yourself gadget aims to remove hair via a laserlike heat method. SELF sent it to top experts to find out if it's worth the \$250 price tag. Here's the scoop:

BLONDES CAN STAY SMOOTH, TOO Most lasers that doctors use seek out only darker hairs. This device uses heat to kill follicles, so any color is fair game for deforestation. "In that regard, it's more versatile than many professional lasers," says Neil Sadick, M.D., a dermatologist in New York City.

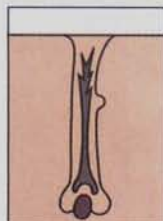
IT'S TRICKIER ON CURVES The machine is flat, so it performs best against surfaces such as shins and forearms, not the bikini line, Kim Sevy, an aesthetician in NYC, says.

PATIENCE, PEOPLE! Hairs burn off, but you will need twice-weekly sessions for 14 weeks for long-term reduction in regrowth. (Similarly, laser removal takes at least four sessions, spaced four weeks apart.)

SELF SAYS Dread shaving and don't mind smelling burned hairs? Say yes to the No!No! —Ilana Blitzer



As the device rolls over skin, it emits heat downward into each follicle and singes the hair at the skin's surface.



The heat causes cells at the base of the hair follicle to die. With repeated use, growth slows and eventually will stop.



LABEL LINGO

Icons meant to establish green cred are popping up everywhere in beauty. What do they mean? SELF decoded seven for you.



Ecocert Ninety-five percent of the farmed ingredients in these products adhere to the organic standards approved by the French government. Look for it on: L'Occitane (shown on back of bottle).



USDA Organic Created by the U.S. Department of Agriculture, this seal indicates a product should be at least 95 percent organic. Look for it on: the Origins Organics line.



FSC Using at least 10 percent of their wood and paper from responsibly managed forests, these products are certified by the Forest Stewardship Council (FSC). Look for it on: The Body Shop brushes and combs.



Made With Certified Organic Ingredients Certified Organic, a USDA-accredited certifying agent, grants this seal to products with at least 70 percent organic ingredients. Look for it on: Juice Beauty.



Green-e This icon signals that renewable energy sources (such as wind and solar power) were used while making the product. Green-e, a consumer protection program, awards this seal. Look for it on: Aromafloira.



Soil Association For products labeled organic, the seal from this U.K. charity for organic farming certifies they contain at least 95 percent organic ingredients. Look for it on: Neal's Yard Remedies.



Certified Natural Cosmetics These products meet the European Union natural-ingredients rules and don't have any of the 1,000 chemicals banned by the EU. Look for it on: Weleda. —Michele Bender

