

SKIN AWAKENING

The recent Spring/Summer 2011 collections from designers like Calvin Klein, Stella McCartney, and Chloé, were all about minimalist nude hues. But it wasn't just the creamy color that proved popular; it was the models' glowing skin that sent the message home. Skin is back, agrees leading New York dermatologist Dr. David Colbert, who believes skin is most beautiful in the raw—you just have to treat it right. Nearly seven years ago, the go-to celebrity doctor developed what he now calls the Triad Facial, a combination of a light exfoliating dermabrasion followed by an energizing collagen renewal laser toning, topped off with a mild fruit acid peel. "It all began when musician and friend Roberta Flack wanted to improve the quality of her hands to compliment her face while holding her microphone," says Dr. Colbert. Glowing results led to a rolodex of high-profile clients like Michelle Williams, who requested the "skin as art" service for her face. Now, the medical artist has packaged the essence of his facial treatment into three products for a quick and easy do-it-yourself home kit, Daily Nutrition for Skin, available now at Barney's New York. More info at colbertmd.com —MIGUEL ENAMORADO

