

SEXY smile

BRIGHT eyes

■ Lengthen Your Lashes

Long, fanned-out eyelashes instantly make eyes look well rested. Try this wide-awake tweak by makeup artist Jessica Liebeskind: Using mascara, sweep middle lashes upward toward brows; inner corners, toward nose; and outer lashes toward temples. Always choose black—darker hues offer the most definition. And skip lower lashes; under-eye smudges make you look wiped out.

QUICK FIX
HollywoodSecrets Five-Minute Eye Transformation, \$89.95 for 32 sticks, h-secrets.com, has peptides that firm fine lines.

▲ Iron Out Crow's-Feet

Don't have a peptide-pumped eye cream on hand? To tighten skin, tap lip balm onto the area around your eyes. "The deep moisture keeps skin smooth," Darac says. Avoid balms made with petroleum; it can cause foundation to cake.

■ Raise a Few Brows

Well-groomed arches can lift your entire face. The simplest fix: Shape them with hair serum (not gel). Apply it using your fingers or a clean mascara wand in an up-and-out motion, says Farah Reid, a stylist at Blow in New York City. "The serum holds brows in place all day and adds a light-reflecting glow to the eye area," she explains.

QUICK FIX

Glisten with Pro-found Beauty Glycerin Shine Serum, \$30, profoundbeauty.com.

HAPPY hair

◀ Get Glossy

Dull hair looks damaged, and it makes you appear older. The shortcut to sheen: Apply a quarter-size drop of hair serum through dry strands (start at the ends—the oldest and driest area—and move up toward roots), then blow-dry hair for a minute, celebrity stylist Ursula Stephen says. The heat opens the cuticle, allowing the shine-enhancing ingredients to penetrate deeply. Lock them in with a blast of cold air, which seals the cuticle.



■ Brighten Those Whites

It's possible to get a megawatt grin in just a day, says New York City cosmetic dentist Jennifer Jablow, D.D.S. First "exfoliate" the top layer of stains by brushing with a gritty paste made of silica (such as Crest Weekly Clean, \$3.99, drugstores). Then apply a whitener (the fastest fix: Rembrandt 2 Hour Whitening Kit, \$24.99, drugstores). "Removing the discolored surface helps the bleach work on more serious stains," Dr. Jablow says.

■ Plump Your Pucker

Buff lips with a battery-powered face exfoliator (try Dove SkinVitalizer, \$9.99, drugstores) for 30 seconds, says FITNESS advisory board member David Colbert, M.D., founder of the New York Dermatology Group. Doing so "swells lips, plus stimulates cell turnover for a long-term collagen boost," he says.

▶ Smooth Out Lines

Talking, eating, even sipping from a straw can cause tiny vertical lines around lips. Erase them with a silicone-based filling lotion (you'll see filler in its name or on the label), says New York City dermatologist Patricia Wexler, M.D. "It plugs up creases, so skin looks smoother," she explains.

QUICK FIX

L'Oréal Paris Collagen Filler Lip, \$19.99, drugstores, hides lines and plumps lips.



■ Add Bounce

Layers of styling products and oil cause hair to fall flat and look greasy. To fix: Wet your hair, squeeze out excess water, then rinse with a mix of a half cup of apple-cider vinegar and one quart of water, says Reid. "Unlike clarifying shampoos, the vinegar gently washes away residue without stripping color, leaving hair volumized and vibrant," she explains. Finish with a quarter-size dollop of conditioner from mid-strands to ends.

■ Turn Back the Clock

Take off five years with two smart styles. First, sport a ponytail, says Mark Garrison, a salon owner in New York City. "Positioned just above the crown, the style spotlights cheekbones, making them and the rest of your face appear lifted," he explains. Don't want to pony up? Part hair above the center of your right or left eye and comb to the opposite side, allowing strands to graze over your forehead. (Use a dryer and round brush to set them in place.) The "bangs" help hide lines.