



## THE MICROMANAGER **DAVID COLBERT, MD**

New York City dermatologist David Colbert, MD, is often the first person publicists call when their clients are booked for high-definition TV appearances. "I need to see the differences in each patient's skin," says Colbert, explaining that his office is armed with digital cameras, magnifying glasses, and high-tech lighting that mimics every setting from the bathroom to a Broadway stage.

**SECRET WEAPON:** The prescription retinoid cream

Renova "is the real antiager," he says. "It reorients collagen and elastin parallel to the skin; that linear pattern increases smoothness and eliminates fine lines."

**TRICK OF THE TRADE:** Switching up your routine. On dry days, "layer a hyaluronic acid gel under La Roche-Posay's super-rich Hydranorme," Colbert says. When less is more, Neocutis Biorestorative Skin Cream, a growth factor moisturizer, "gives complexions a noticeable radiance."



### COLBERT'S KIT:

(From left) NeoStrata Lotion Plus Glycolic "creates tightness around large pores," Colbert says; Lancôme Resurface Peel "is gentle enough to rev up a glow on a dull morning—but don't forget sunscreen!"

