

Quick & Easy Ways to Get Gorgeous

Bogged down by beauty appointments? Read on for insider tips on how to cheat on a high-maintenance routine and still look stunning.

1 Fake a Haircut
When your hair clearly hasn't seen a pair of scissors in ages (and isn't about to), New York City salon owner Roy Teeluck recommends breaking out a curling iron or hot rollers. "Curling hair shrinks it up, so split ends and breakage are less visible," he says. "It also juices up the volume on too-long, limp layers." For the more time pressed, tousling a texturizing product into damp hair may do the trick. "It can lift your hair up to an inch, giving it more bounce and body," says New York City salon owner Patrick Melville. Try Pantene Pro-V Texturize! Texture & Shine Defining Pomade (\$3.99) for short hair and L'Oréal Paris Studio Line Tightly Wound Curl Spray Gel (\$4.99) for longer lengths.

2 Make a Blowout Last Longer
With a thriving fashion business and a baby, designer Shoshanna Gruss barely has time to blow out her own hair, much less get it professionally done. So when she finally does, prolonging the life of her smooth style is crucial. She sprays Bumble and Bumble Hair Powder (\$34) onto dry hair to wrangle herself an extra day. "It soaks up excess oil on my scalp and gives a sexy fullness and texture," she says.

3 Camouflage Grays
When gray roots make an unwelcome appearance and she can't see her colorist, makeup artist Bobbi Brown takes matters into her own hands and wields an eyeshadow brush. "Dense powder eyeshadow that matches your hair color does a decent job of covering gray roots for the day," she promises.

4 Brighten Highlights
Colorist Rick Wellman, co-owner of the Patrick Melville Salon, advises clients to try Clairol Natural Instincts Shine Happy (\$8.99), an easy-to-use glazing kit available in any drugstore, between visits to his chair. "It boosts shine, brightens every hair color, and can buy highlights an extra three to four weeks," he says.

5 Keep Skin Glowing on the Road
Model, actress, and entrepreneur Iman never leaves for a vacation or a business trip without the SK-II Facial Treatment Mask (\$110 for a package of 10). "I think it's almost better than a professional facial," she says. "It's so hydrating, and it gives your face an instant lift, no matter how little you've slept or how long you've spent on a

plane." Margherita Missoni, ambassador for Missoni fragrances, is committed to using Clinique Turnaround 15-Minute Facial (\$34.50) three times a week, regardless of what city she's in. "It keeps my pores clear and my skin glowing," she says.

6 Condition Hands and Feet
Fashion designer Norma Kamali often skips the nail salon and instead soaks her hands and feet in olive oil to keep them soft and supple. "It helps prevent redness, chapping, and dry, rough cuticles," she says. She's so devoted to the idea that she launched an olive-oil-based line of products. New York City dermatologist Patricia Wexler swears by Creative Nail Design's SolarOil (\$8.60). "I rub it into my hands, feet, and elbows," she says. "It's mostly vitamin E and almond oil, so it leaves skin soft, smooth, and silky. I buy six bottles at a time."

7 DIY Manicure
Iman relies on Deborah Lippmann's new Vinyl collection of polishes (\$8.50 each). "It's a lifesaver because it wears longer than any other polish I've used, and I've tried them all," she says. "I also love



SPEEDY MANICURE?

No problem. Leave the scary-looking tools to the professionals, and stick to nourishing oils and long-lasting polishes (see tips 6 and 7). All nail tools, **Revlon**. See *Where to Buy* for details.

that it's a tiny little bottle I can throw in my bag in case I need a quick touch-up." To maintain and prolong her salon manicures, Wexler turns to Seche Vite Dry Fast Top Coat (\$9.95). "It dries in two minutes, which is amazing, since I never have the time to let polish dry properly."

8 Maintain a Spray Tan

If your faux glow is fading and an appointment for salon air-brushing is out of the question, Bliss spas founder Marcia Kilgore (who also created the U.K.-based Soap & Glory bath-and-beauty line) suggests exfoliating, then applying a goof-proof gradual self-tanning formula daily. Try Jergens Natural Glow Firming Daily Moisturizer (\$7.99) or Neutrogena Build-a-Tan (\$9.99). "They'll help you keep a subtle, sun-kissed color," she says. If you get streaks and blotches, she prescribes rubbing these spots with cotton balls steeped in nail-polish remover, then rinsing.

9 Groom Your Brows

Eyebrows are truly tricky to maintain on your own, since yanking out just one wrong hair can totally wreck their shape. Jean Ford, cocreator of Benefit Cosmetics, suggests avoiding tweezers entirely and instead drawing a thin line directly underneath brows with a pink-tinted highlighting pencil, such as Benefit High Brow (\$18): "It creates an instant brightness that makes your arches look more defined and lifted." If you must tweeze, New York City eyebrow specialist Sania Vucetaj suggests that you do it in front of a regular mirror (not the magnifying kind) and grab only the strays well below the arch. Be sure to keep standing back so you can see the overall effect. For too-long brows, Vucetaj recommends combing errant hairs upward and trimming just the very tips.

10 Wax Solo

No time to get your legs or bikini waxed? Removing hair by yourself can require nerves of steel, not to mention a high pain threshold. Bobbi Brown swears by Nad's Natural Hair Removal Gel (\$19.99) in a pinch. "It's really easy to use," she says, and though it's not entirely pain free, "it's fast."

11 Skip the Derm or Facialist

When patients can't make their in-office peel appointments, [New York City dermatologist David Colbert](#) advises them to use the Lancôme Resurface Peel kit (\$145 for eight applications). To fill in for skipped microdermabrasion treatments, he recommends Dr. Brandt Microdermabrasion (\$75). "Of course, you won't get as high-powered a result, but both products will give you a nice little glow," he says. Battling a breakout? Christine Chin, owner of the eponymous spa in New York

City, notes that many of her clients swear by Mario Badescu Drying Lotion (\$17) in between facials. "It clears up blemishes quickly, and I've been told that it can work on even the swollen cystic kind," she says.

12 Smooth Wrinkles Without Botox

To ease lines without getting pricked, Colbert suggests a two-pronged approach: First, use a product that contains GABA (gamma-aminobutyric acid), which acts as a topical muscle relaxer. Try Freeze 24-7 Anti-Wrinkle Cream (\$115). Second, dab on a silicone-based product such as Prescriptives Intensive Rebuilding Instant Line Filler (\$40) to physically fill in lines. "The results will be temporary and less profound than using Botox," he says, "but you will see some improvement."

13 Do Your Own Evening Makeup

Applying makeup at your desk is not exactly an auspicious way to begin an evening out. But for some, it's de rigueur. "Typically, I have about 20 minutes to get ready for an event," says Rebekah McCabe, Chanel's very busy senior vice president of public relations. To quickly and efficiently dress up her look, she smudges black pencil liner on the inner lower rims and underneath her lower eyelids, then applies black mascara to her top lashes only. "Somehow this smoky eye seems to cover up a multitude of sins, even when I don't have my hair done and am wearing an ill-fitting dress," she says. Try Stylo Yeux Eyeliner in Ebène (\$26.50) and Inimitable Mascara in Noir (\$27), both by Chanel.

14 Style Your Own Evening Hair

While a ponytail or a chignon may be the obvious choice for an easy evening style, Shoshanna Gruss uses the twist as a styling tool rather than her end result. On the morning of an event, she coils her damp hair into a loose chignon, and she lets it down right before heading out. Says Gruss, "You get soft, romantic waves that look 'done.'" **Cara Kagan**